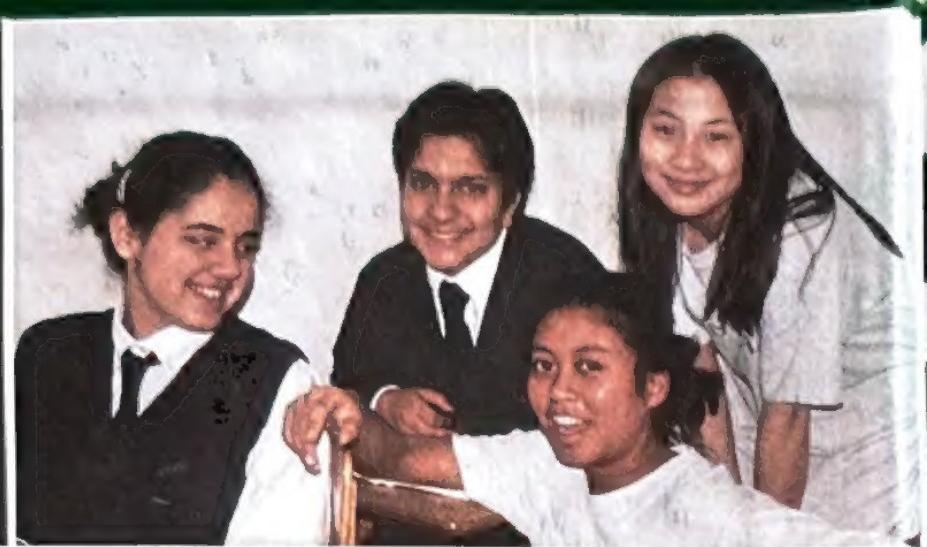
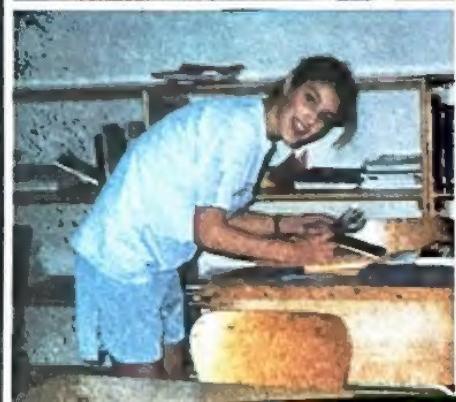
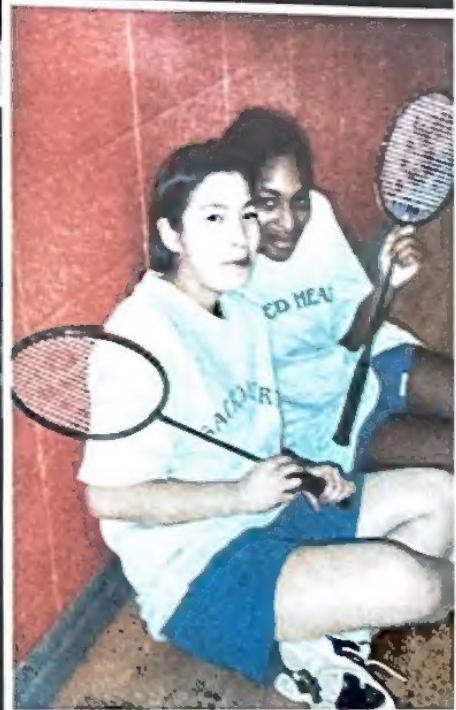


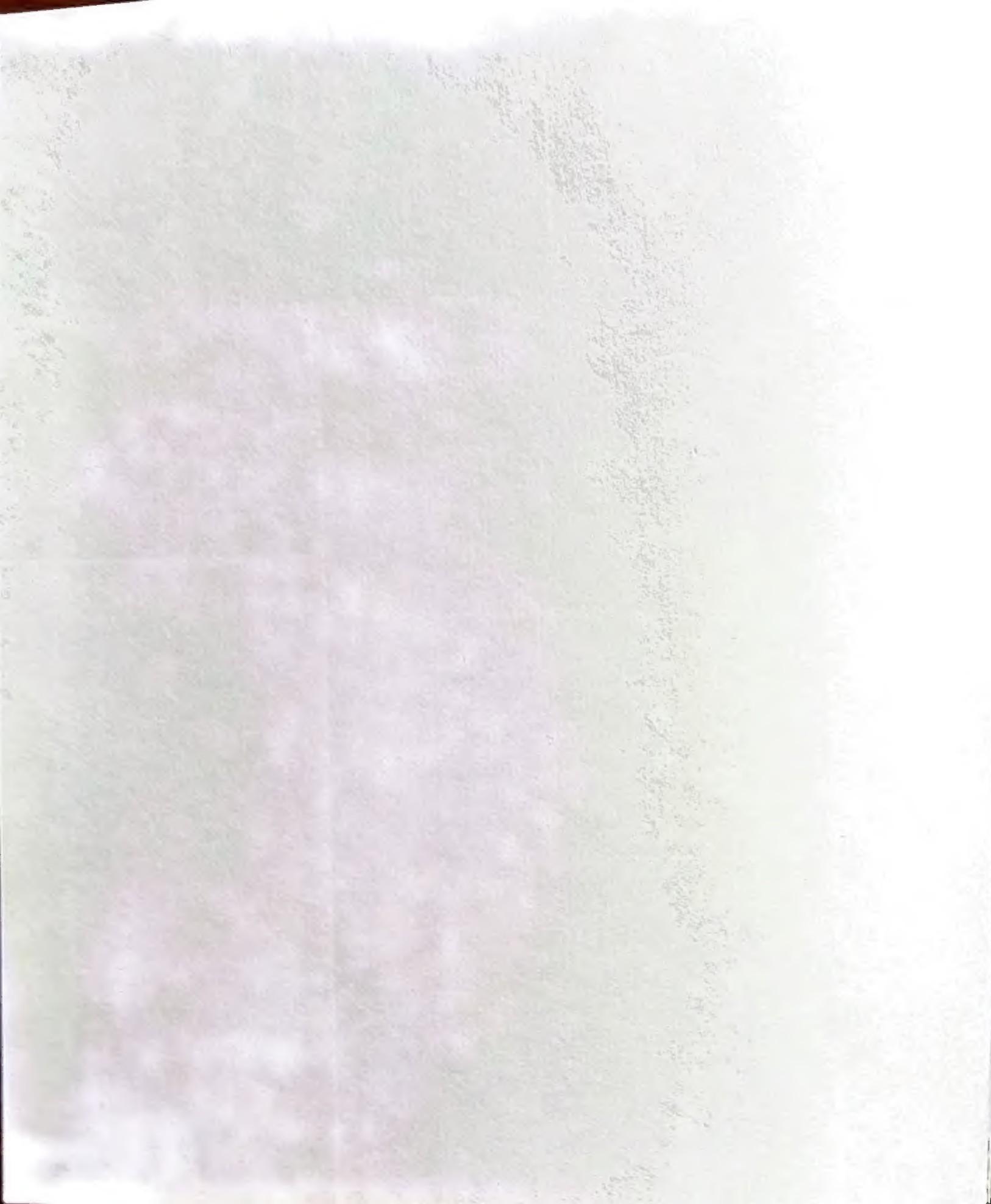
echoes

'99









To the class of '99,

Your yearbook is more than just a collection of photographs, grad comments and pages of text. It contains memories which you will refer to over and over again in the years to come. You will look back and remember your years at The Sacred Heart School of Montreal. Hopefully these years were filled with good memories, memories which will last a lifetime.

Five years have come and gone very quickly. I have overheard many of you comment to each other about your first days at Sacred Heart and that it is hard to believe that the time went by so fast. You are now moving on to the next phase in your educational lives, one where you begin planning your own future. I am confident that the time spent at Sacred Heart has prepared you very well for the challenges which will face you in the years to come. Good luck and remember to keep in touch.

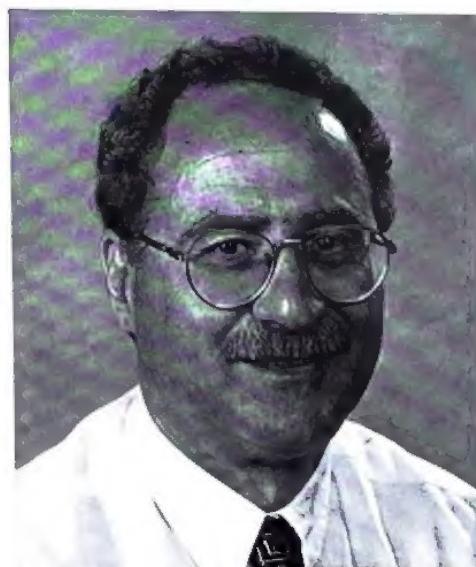
P. Kousik



To the class of '99

There are so many things I'd like to say, but my space is limited so I must be selective. I used to believe that happiness could only be found after arriving at my heart's destination. Now that I have spent many years on the road from Here to There, I have come to an awakening. It is good to have an end to journey towards; but the spirit of the journey is as important, if not more important, than the arrival at our destination. Carpe Diem! Live every day of the journey. Read, travel, learn, experience all that is out there. Your next chapter begins at a very exciting time for women. Take every opportunity and "Live Life". Choose to be an active participant- not a bystander.

Fondly,
R. Del Torto



Faculty



and Staff



Missing:
Ms. Carneiro
Mme de Ste-Marie
Senor Kucher
Miss MacLellan
Miss Potter

Barat



To all of Barat: You have been a great house for a long as I can remember and you have helped make my last year here the best. Thanks to Pauline, Tiff and Mariana for helping me out and dealing with my spastic moods. You've all been great! Don't forget... always strive for THE PLAQUE!

Love,

Barat Househead '99

Meagan Penny

Digby

Being househead has certainly been interesting! Many thanks to my executive, Ms. Antonini, the affiliates and all the Digbians for making my last year memorable.

Amanda



Duchesne



WE ARE RED HOT! R-E-D H-O-T GO DUCHESNE! It was a great year and each and every Duchesner has managed to make it a very memorable one. Thank you to the talented swing dancers, the waitresses, the two ginos, little Super Snazz, the art helpers and the bouncer for making our "Swingin' House Day" a firing success!

Special hugs to Megan, Katie, Melissa, Ms. Mastro and Ms. Vaupshas for your support! I couldn't have done without you! Thank you Ms. Glickman for all your wonderful ideas. Thanks to all the Duchesners for looking interested" while I rambled continuously during a House Meeting or giving me that smile when I stood up there in front of you like a bundle of nerves. It was loads of fun being your House Head this year! Each and everyone of you has managed to find a special spot, which will forever be engraved in my heart.....

Barbara Miedzybrodzki

DuRousier

" Let me hear you say **YELLOW!**" To all my wonderful Du Rousians, you've made this year a **memorable** one and I will NEVER forget any of you. Stand tall and continue to be proud of what you are: BIG BIRD LOVERS! Ms. De Mello, Ms. Burns, Ms. Martel, Mrs. Crowe, Señor Kucher, thank you for all your support and encouraging smiles. A special thank you goes out to my exec.'s: Anne-Marie, Thuy-Lan and Julia. I could not have done anything without you. YOU'VE ALL MADE ME PROUD TO BE YOUR HOUSEHEAD



Love, Ayesha

Hardey



Orange day, orange peeling, orange is NOT tacky. You have all helped to make this year great. I thank you Monsieur Soret and affiliates but mostly all members. You guys are great. Thanks for giving me the chance to know you. I tried my best, hope you had fun Good luck next year, monkeys!

Caitlin

Sheldon

It was an amazing year for Sheldon, we came in second at Christmas! Sheldon day rocked! Thanks so much Jen, Anna and Pam for everything, and Miss Potter for all your support. I hope everyone in Sheldon had as great a time as I did. Thanks for making my last year memorable. As Kermit the frog said, "It's not easy being green; but it sure is worth it." It's great to be green. TURTLE POWER!
Maddy XOXO



Stuart



We've had our good times & our bad times, but overall, it's been an *amazing* year! I will never forget our endless games of Telephone and. I can honestly say, **Stuart Day was da bomb!** I wouldn't have survived this year without my executives, *Jacylyne, Krystyna & Christine.* Thanks a million! I would also like to thank all my *Stuartians, & Mr.*

Summing, Mlle Young, Mrs. Brues, Mr. Hammet & Mr. Bahou, for making this a year to remember forever. And to Mme Habachi, "Mille baisers." I love you all, and I will miss you dearly. You made me proud to wear my green tie. Love, Gayle

Trincano

To all my Trincanian friends,

Thanks for this wonderful year especially to Julia, Carolyn and Missy. This year passed so fast and I'm sorry to be going because I loved being your househead so many purple cows to draw.) It seems like just yesterday I was stammering in the first house meeting. Although I looked scared to death up there, I'm happy it was in front of such under-



standing purple cow lovers. All those "Please, be quiet!" meant nothing to me. I was completely overwhelmed by your enthusiasm for the house. Keep it that way. PURPLE POWER! Trincano's #1 forever in my heart (and so are all of you.) Love, Trincano househead '99, Ginny

Prefects 1998-99

Marianne Brassard,
President

Mania Valente-Fernandes,
Vice-President

Linda Doan, Secretary

Emily Seng Yue, Treasurer

Lindsay Coughlin, GAA

Julie Hartsfield- Meyer, GAA

HOUSEHEADS

Meagan Penney, Barat

Amanda Smith-Barrett,

Digby

Barbara Miedzybrodzki,
Duchesne

Ayesha Baig, DuRousier

Caitlin Reid, Hardey

Madeleine MacDonald,

Sheldon

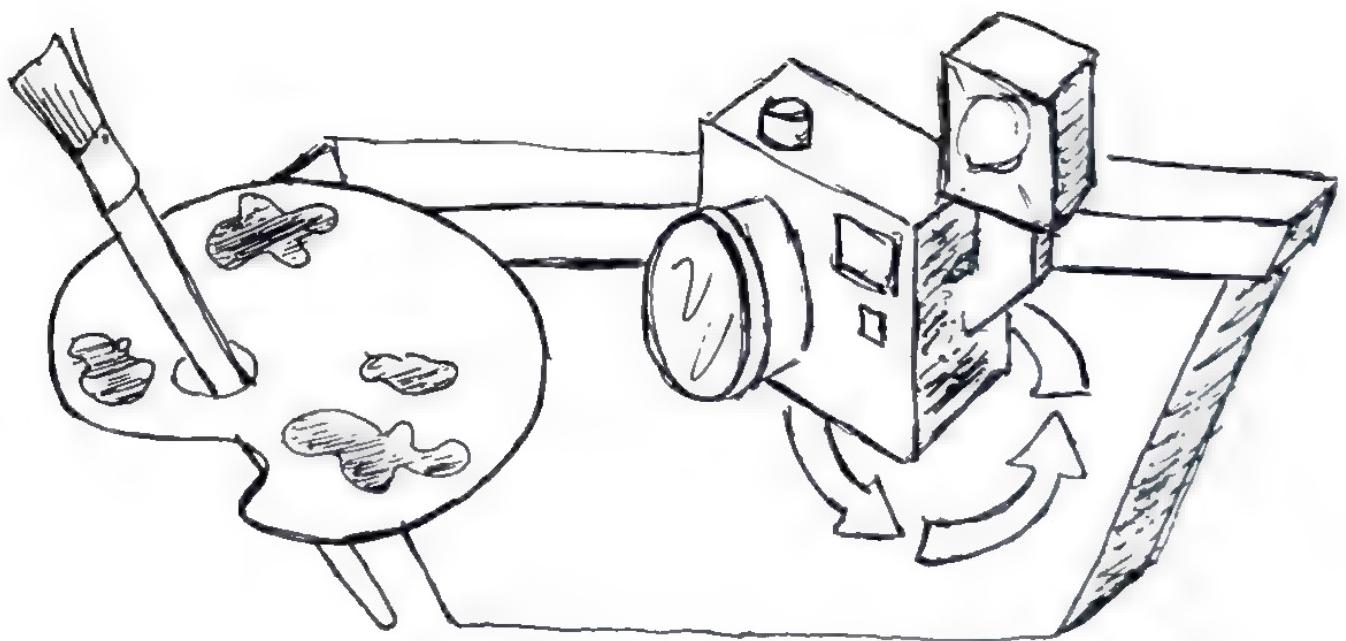
Gayle Dulay, Stuart

Ginny Ng-Kan,

Trincano



clubs



DEBATING



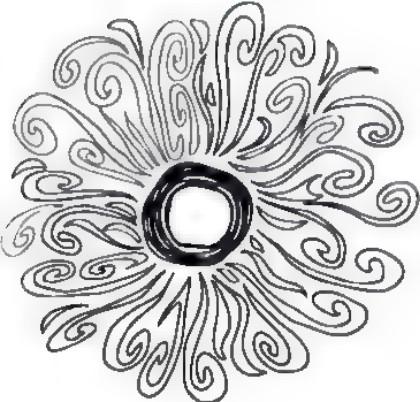
Helen Arceyut-Frixione , Kristine Bobak , Karma Burkhar, Gabrielle Cadieux, Kathryn Calabretta, Kareena Coelho, Melisa Colabella, Olivia Del Torto, Ivana Di Leo, Linda DiPalma, Danielle Dufort, Catherine Evans, Anne Marie Fook Chong, Natasha Forgues, Laura French-Bourgeois, Angela Gillis, Caroline Lai, Victoria Mandileras, Amanda Parry, Diana Peronace, Catherine Snell, Katherine Sullivan, Amanda Verano

SHE INVESTMENT



Student Members (left to right)
Maria Catalano
Carolina Pansera
Sharma Joseph
Emily Seng Yue
Zehra'a Al-Roubaie
Reetika Chawla

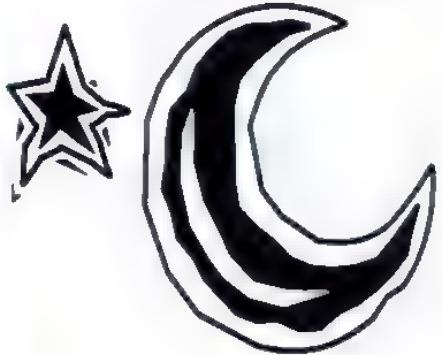
ART



Mira-Lyn Lu
Judy Wong
Alex Barnabe
Kristine Bobak
Chloe Boone
Summer-Marie Joseph
Julie Lavia
Olivia Del Torto
Karen Lo
Mi Li Say
Tamisha Harris
Natacha Tardio
Vanessa Tardio



PHOTOGRAPHY



TOP (left to right) :

Anna Sarkissian, Vera Zisis, Julia Ahlgren, Sarah Doig

BOTTOM (left to right) :

Julia Talajic, Tamisha Harris, Jessica Jekkel

CHORALE



Zehraa Al-Roubaie, Nico Arvanitakis, Simrin Aulakh, Madeleine Bellemare, Lana Bergmame, Mae Brooks, Gabrielle Cadieux, Christ Chan, Pauline Chan, Kareena Coelho, Elissa De Souza, Alexandra Di Ciccio, Jaclyn Finn, Raissa Harasymowycz, Caroline Lai, Stephanie Lai, Natasja Laszczuk, Sacha Lee, Marily MacKenzie, Victoria Mandilaras, Jane Parayno, Manojo Pereira, Sophia Protopoulos, Mi Li Say, Emily Se, Yue, Anuradha Sharma, Linda Tan, Nancy Townsend, Christine Tran, Josee Ria Tuvida



LITURGICAL CHOIR



Catherine Snell, Laura Snell, Luxmie Srikandarajah, Katherine Sullivan, Vanessa Tardio, Christine Tran, Josee Ria Tuvida, Jessica Wong

Lydia Anber, Helen Arceyut-Frixion, Tania Azar, Alexandra Barnabas, Madeleine Bellemare, Christine Chan, Pauline Chan, Kareena Coelho, Mel Colabella, Tania Conca, Sabrina Cristofano, Danielle Dufort, Jennifer Elvidge, Chiara Folini, Angela Gil, Caroline Hacikyaner, Jennifer Hickey, Caroline Lai, Stephanie Lai, Natasja Laszczuk, Myriam Luccisano, Priscilla Maloni, Victoria Mandilaras, Maureen McDonough, Magda Miedzybrodzka, Alessandra Pansera, Jane Parayno, Manojo Pereira, Romina Perri, Linda Tan, Natacha Tardio,

VOCAL ENSEMBLE



Angela Abrokwa- Ampadu,
Zehra'a Al-Roubaie,
Madeleine Bellemare,
Marilena Bono, Maeve Brooks,
Stephanie Caprara, Pauline
Chan, Kareena Coelho, Elissa
De Souza, Anne-Marie
Christoffersen Deb, Katie
Dupuis, Nadira Garufi, Pamela
Giancola, Melissa Herico,
Sharma Joseph, Tanya
Kahawita, Sarah Kemerer,
Stefanie Khoury, Caroline Lai,
Talia Markarian, Laura Mazigi,
Marie McDonough, Thuy-Lan
Nguyen, Hazel Paginado,

Carolina Pansera, Pinky Patel, Manojo Pereira, Melissa Salvati, Anna Sarkissian, Christine Saykaly, Emily Seng Yue, Linda Tan, Angela To, Vera Zisis

CHAMBER ENSEMBLE



Back Row (left to right) :

Pauline Chan
Christine Saykaly
Marie McDonough
Sharma Joseph

Middle Row:

Caroline Lai
Thuy-Lan Nguyen
Maeve Brooks

Front Row:

Emily Seng Yue
Pinky Patel
Laura Mazigi

Absent:

Elissa De Souza



GYM CLUB



Back Row (left to right):

Cynthia Cipolla, Emilie Laurin, Tania Azar, Lydia Anber, Cathy Religa, Sonia Religa, Emma Cerulli,

Middle Row:

Kaitlin Duffy, Vanessa Clarke, Alex Barnabe, Stephanie Maurel

Front Row:

Sabrina DiGiandomenico, Sophia Protopoulos, Sasha Lee



DRAMA



Jessica Abbey, Julia Ahlgren, Naila Al-Aissa, Helen Arceyut-Frixione, Jennifer Berry, Kathryn Calabretta, Kareena Coelho, Tania Conca, Mieke Cullen, Linda Doan, Kaitlin Duffy, Alyssa Esposito, Chiara Folini, Eleonore Fournier-Tombs, Angela Gillis, Stefani Khouri, Chloe Kogan, Victoria Mandilaras, Alys McDonough, Erin O'Donnell, Marta Lina Olynyk-Lucch, Diana Peronace, Genevieve Pertugia, Lyla Radmanovich, Caitlin Reid, Amelia Sargisson, Anna Sarkissian, Julia Talajic, Sophia Teixeira-Crisostomo, Christina Zeppettini, Vera Zisis

Yr aci ...





Angela Abrokwa
Ampadu

5 years Thanks NANFRAM for your love & suporl Fliping love you SO I'm not alone BM hi 5 Ratpack sumer@vichy's you are conceited but I Love you Stratford'99 Tikimink CTTN trainpeps keep da faith MM soulful sista T OHali Soker keep on kikin Thanks Uncle you inspire me See you where the real sun shines in MY COUNTRY "Don't look back don't be scared we've got dreams & we're still young" To all you's Thanks

Zehra'a Al-Roubaie

"Stop Pinching My Cheeks" GOOD TIMES, Wildparties and dancing. Math, GEO, B-BALL Cartman, Toronto sleepovers, Second Cup spoon feeding soup. ROLLING DOWN HILL, driving around/ ballerina, CSL gang Stratford bus rides religion projects, roller blading Memories to keep. Pooky, Carol, Liza, Fluffy, Elissa, Em, Gaylo, 162, Fishy, Nat, Gin, Ange, Ayesha, and all. I love you and will never forget you. Thanks Mom, Dad, Ahmed and Sarah



Cathy Bachour

Hallelujah! Hey Yen! Soy Cubano soy popular Ah! Canadian girl! Hey you latma dancer! Mama Sca... Smelly cat, Aboulfad! Remember garlic bread HA! HA! When you shop at Mousretatos... Liscal (Turkey) Motherly hands! Hey Tundra! Donnacona and sons, little mermaid chants, religion chants, scary voice! CB Redwine = redhands! Always tired of doing nothing, love you all!



Ayesha Baig

ONCE IN A BLUE MOON, WE FIND TRUE FRIENDSHIP I've been blessed to find IT al SHSM To the whole crew (Ang, Zer, 2a, DrB, Guy, EDS, Chubs, MM, BM forecast, Gin, Liza, CP, Mim), you'll beforevercherished PREFECTS 99! Grads 99, It's So Hard To Say Goodbye To Yesterday, Stratford 99 No fears, no worries FLY! Dad, Mom, TQ, Sofi I Love You & Thank You For ALWAYS being there

Caroline Mira Balcar

UFORGETTABLE MEMORIES: stalking with the crew (Carol -front, Pammy back) & freezing at Westin VT. - "I can't hear you"/ soccer#9/ SAILING GIRL! I love you Clo + Lal + sherafes team! / May 5 years be held close to my heart forever: Thanks To Dad- Mom- Mark- friends & teachers... I LOVE YOU ALL!! XO





Tania Battah

Original 8: Mary- yo. what's up grape? Jewels Mer- veg pizza Olive- how's Jona? Kell Linz- Stratford Stef- lunch conversations. Bob- GAP, crush? Mega- inside jokes, swing heil! Mich- hard core snowboarder, Jesse- this friday? Cris- return of the MAC! Townie at heart moon forever. Thanks to Mom, Dad, Pam & Matt! grads'99- "It don't mean a thing, if it ain't got that swing"- thanx :)



Laura Bergmame

Thanks for a great year! It must have been my destiny to be a part of the SHSM family. I feel like I truly belong here. The warm welcome was greatly appreciated. It's been a year of new beginnings and friendships that will hopefully last forever. I know I'll always have vivid memories of my first and only year at Sacred Heart.



Olivia Bitton

ORIGINAL 8 -Step-on-me/ my broad, Bananes/ let's cruise, Mer/ morningly attitude, Ditz/ shopping again? Kell/ nails, Mary/the twin, Linz/hairtouching. You guys rock. I can't forget J.B./ C.B./ J.S / A.Y./ L.T Long live Van Houtte! Gangster Supreme you're the best Mel I love you, and Bill thanks for giving me the best two years of my life. Good luck to all grads '99 thanks Mom, Dad, J, Matt and Ren

Marianne Brassard

Bob- C'est moi. Thanks Denis I will never forget my MOOSIES! One word: RANDOM Where is the turkey? Walter? Jig Maker (enough said) Chem songs Mash. Puppies. B.D. Afterschool club. Do the worm. Walk the dog you tone deaf boy. Camel business at the Château. GAP girl for life. You know it! Laugh my friends, life is funny. To all my dudes: Thanks for letting be myself. Ma, Pa, Clo, Op - I hope I made you proud. "In the end, only kindness matters". - Jewel





Maeve Brooks

Here's to song. Here's to time. Here's to both with friends of mine. La # uno bella Carolina. Zer Bear. Mane musical genius, pooky, E & E, L.P., Gin, Dr Ba. Ange. CREW, train + T-M people. Remember if you don't understand I can't teach you. I hate cheesecake. you make it happen & to have courage les filles Hal&Tnt+SSUNS forever Special thoughts for the family + Riley Enn Go Bragh'

Kelly-Anne Brown

Original 8 L.C.. brownies, T.B.. nce, M M cheese, O B.: nails, S K.: pizza, M V.F.: rev, JJ + Benfica, J H.M. yo Guy, C.R bestfriend+nub noo J S.: sushi MARCO I love you JONA deep Conversations, Stratford, Retreat, Carnival, Walkathon, Train & of course Loyola! Thanks Daddy, Angie, Liv, Laney, mchloé, Vero. Je vous aime Colette + Robert. From the great Lauryn Hill to all the grads: "Don't be a hardrock when you're really a gem."



Krystyna Bruce

Let the 5 years of memories live on: KrYstYna, red glasses, Sec 2! KD pic, French Maid & Class, Silas, Stowe, Gabs, slap-kick, bananas, TT2, massage, Rock, maniac, ICESTORM, Mr. H., Scully, Stratford & retreat, MICE, notes, VET, D.L.-late nights, STRESS, Keene, Sam, Teachers! Thanks to D.D., F.V., K.D., M.L., T.H., S.D., R.F., L.B. + guys! I Love You Mom, Dad, Halasan, Bug, Bunia, Nanny, Donut & Maggie!



Tiffany Bukacheski

No, she's Amanda, I'm Tiffany I'm starving Booth pictures Ace Owl My Pancreas! Aug 29 MP vs Swan Rm 205. Sand BandAid Second Cup Peach Fuzz Psycho. By-Female. Satan. Dorval Coffee? French? Bad Influence Back off Silas Summer '97 Shopping Here-No Walkathon Map. Love you Mom, Fred, Mike "There's one thing that comforts me since I was always caged and now I'm free"

Maria Catalano

5 years gone- memories last forever. Italy 98; predictions, Peppy, laughing, LIW, Tiki "Les Italiens", late night talks, revelations. Tonight's the night! Stratford! J.B. Kindest armenian, paesan, math.. the merster, bestfriend T.K. "U2 Ti amo ma, Dad, Cristina. Love life, Happiness is not having what you want, but wanting what you have. Best of Luck Grads... till we meet again...



Reetika Chawla



Chawl-e? Italy: freak, Americanos, Q.M., Lady in Waiting, Ms A. & G.! HABS Faible Soccer Bishop's math = wrong L.L. L.C., ride? AFTERSCHOOL CLUB cell, MASH, graph S.R.K.. Thanks to Grads '99 & teachers for 5 great years. Thanks Ms. Del Torto & Ms O'Neill for the support. Most of all, thanks Ma Dad & Tanya "When you make new friends, don't forget the old, one's silver, the other is gold."

Lindsay Coughlin

A K.A. pen15! Proud member of the after school club, LD you are in denial! Loyola Grad, enough said! M.M. soccer rules without the tears West Side! What, triple CHEM? I hope that's not acid! Productive French classes & Prefect meetings! RANDOM! Thanks Sir for everything! M.B., C.R., M.M., T.B., LD, M.V., K.B., M.M., S.K., J.H., R.C., T.B., prefects sec 4's & 1's Mum, Dad, Ry, Kev, Kyr, Andy, Lisa, Sean, I love you all! I'll see you on the ice!



Mieke Cullen

Thanks to my family Caitlin loved the Monopoly, Twister, and Nintendo 64. Maddy who knows where I would be without your toes and yellow raincoat. Al and Clo you both changed my outlook on what lunch is all about and are N.Y maternal. Bob you are definitely coming to Dawson. Zaire and Tai I've had a blast. Mary will always remember. We love T.J., DJKMP (the musicians from MOIST), BranVan3000 "people fade as people do" David Usher



Isabel Da Silva Baptista



Pinky -WaDup? Open Gym? Indian food, YUMMY! y'all coucou! Think that I am crazy about K.S. NOT ANYMORE! JOSEPH the BEST! Tamnibsnibs! No excuses for carnival this year. Guys talk in ITT K.D.-Eat your FOOD! Slapkick-haha, I am a victim! Stop saying HEY! L.S.-Precal-stop laughin SCHNELL-normal French 1B- WOULD you PLEASE! SHUSH! Comes Mr G! Hace calor! Abierta ventanas chicas! Love you all!

Debora D'Iuso

WoW five years, Remember: B.M.: Hi my name is candy -je t'aime. "Poush Poush" T.K.: "VivaDD" my little chicha nightmare equals secondary four singing but S.O., S.J., P.P. our gym routine rocked! Italy Eftour buds "WackyWacky" sound familiar? L.P. and K.B.:spastic physics friends A.M.: next Queen? Thanks to all my friends and my family for their love and support N.D.: listen to the Bratt! Mom, Dad I love you! Ciao A Tutti





Anne-Marie
Christoffersen Deb

So Many memories . Best buds TKIDD & TK. respect your queen, x-country M.C. & Es, Selwyn guys? Friends through all N.G., French chats MB, 162 chocohigh ZA. Dk's#1, hug bug LM, train pal F.V. Thanks Mrs. Cochrane, Miss DeMello & grads for the best years of my life. Thanks Mum, Didi, Dad and Oliver for everything. Girls, it's time to move on to something better than the best!

Michaela Coté

Good times were great 5 years & 6" M.S. abs of steel + peroxide. J.K. consommé & wrestling SB : campouts & espionage A.F. Dairy Queen AL big expectations. M.C.: do it longer Ducky BigToeMad mama Kogan boarder buddy Miguel. Hall soccer, cheese in a can, summer school, Happy Hour, fun with lactose, kool-aid, field hockey. Thanks & love to Mom, Dad, Steph & Max



Elissa De Souza

Thanks for the Memories Bonaventure Second Cup, Fairies Criminal. We will use up Vocal/ Moods "Mavis" sleepovers/challenge GoHabs talks/ Too loud/ Too much gossip, Strat 99, Are you trying to say Can't remember what else ..except GREAT friends: Sharma! Zed, Mb, Gale, A.B., Gin, E.M., A.M., E.B... B.F.B.O.F V & M love Mom Dad B.B. "Nothing can break the solid rock of sisterhood"



Linda Doan

PEZ, ANYONE? Poet, Jesus Freak, Papier Poudré, Mermaids & Mr Zebra, Mysharona, Van Houtte & the Ick, Dead Dog, Random Prefects, Doorway, After School Club & LL, The Turkey, Sr. Café, Big Ben, Lord of the Flies, Stratford Swan, Biscuit Frozen Tears. Thanks Ms.O in 8 syllables. IF YOU'RE LUCKY ENOUGH TO FIND A WAY OF LIFE YOU LOVE, YOU HAVE TO FIND THE COURAGE TO LIVE IT. even cynics hope

Samiatu Odesina
Dosunmu

The wait is almost over. 5 years of wonderful memories are about to come to an end. Thanks to God for strength. My mother for putting up with the stress. My friends for love and support. Stratford 99' memories. My family for their belief in me. One love to all my classmates. "To thine own self be true" I will miss the friendly faces and wonderful teachers. One love to everyone.



Gayle Dulay

Memories forever To my friends let's sing. Appletree-SHAMANISM- Emily celery, HALAL tormentor A.B. & A.A., L.D.-hall dragger, Mavis-err, whee-plop; LIZA=NIKE QUEEN (thumb, woosh, err) Soccer #3 basketball; Bishop's Asian Invasion: 2Lan, Joce, Shy, Hazel-Fazel, R.S.-L.A.-M.A.-J.C. you're da bomb! Mahalkia ates & wawie- Love & thanks to God, Mom, Dad, Jake and Jeff the Rock



Katie Dupuis

Heal the past, live the present, dream the future. Thanks so much to SHSM for all the memories. All my friends, especially Snellie, Bel, Tam, Krycia so luv you all. Are you getting up? Senora, swan, Field hockey GOLD Focus, K.B.-Max, Stowe, spy, Bad, L.S.-Lilith, STRESS, hey, Fr maid, muy bien! notes, rock, kookoo. Who said that? Bug Power! Thanks to R.T.D., L.B.C., Ms. T., Ms. V., Mr. B., Mom, Dad & Hcat. Remember...



Sabrina Fabian

Well, it was fun for two years. Had some great laughs: Munru? juice bar? You rock my world: Barb, Banana, Miche, Bobo, Maddy, Andy you kill me! You all kick butt & crack me up. Caitlin, you're awesome: ski jumps! ICQ, Field hockey #1, all night Stratford, paprika hair dye, Sec. 5 entertainment. Thanks for keeping me going everybody! Great job Manel:-)



Nathalie Fazzari

Al: Anif for ever. N.G. Zero. M.C.: Queen. M.T.K.: Lady In Waiting. L.M.: cheap hugs. C.P.: Forza Italia. P.G., E.T., C.B., M.D.: stay. 'NSYNC, Italy 98. Teachers. Thank You Mom, Dad, Ju, Zac, Family & Friends. Thank you for your love and support. Without you I am nothing! To my fellow graduates: May all of your dreams come true. Just because you're not mentioned here doesn't mean you're not in my heart!



Alexandria Flannery

You never know when you're making a memory. E.T.: Bubbles, L.M.: Pop'n Fresh. A.L.: Pink. M.G.: Cotton Candy. M.S.: Sheep Wanna Be. G.N.K.: Bif. J.K.: Star, J.L.: Hunnybunny. A.O.G.: Depanneurs. T.G.: Rockaberry. E.M.: Stickers. A.M.: Bagels. M.C.: Latin Sleepovers. HOLE. Dreamphone. 2nd Cup. Love to my beautiful family. Sunshine. Simpsons. Music. Butterflies. " Didn't think I'd miss you much, I forgot to think..." Holly McFarland



Rowena Franklin



Yol! It's been unforgettable, 5 years, many memories. Will miss the lunch tables, saving seats, correcting teachers. Still remember Sec 2 xmas exams? Meghan, Sami Superman forever ha ha. Art Club. Reading between classes. Pool parties & spitting. Procrastination is the key. "Whoa what language is this? English Huh?!" "Sigh." Love you all!

Christine Gacusan

It's too bad Mr. Pinchuck left Z. See you at the concert



Pamela Giancola

Memories/ Secret Heart/ Sec 3 soap/TITANIC/ Please I need help/ Italian crew we make our country proud/ Frick+Kaos = GirlPower/ BSB need your help/ V.T. -front row - I can't hear you-Rose/ crew is missing - NSYNC in town- hmm/ Bouge/ ICQ forever/ Parties -DJ BONO/ Thanks Mom-Dad-Mike-Sami + family I love you/ I hope the bonds we've made will last forever/ I'll miss you/Ti Amo-Ciao!



Nora Gunjian



Five years at Sacred Heart have come to an end. I will never forget Stratford, retreats, the fun and laughs. Thanks to all my friends who helped me keep my head above water: A.I., M.C., T.K., N.F., T.M., L.M., A.O.G., A.M.C.D. Thanks Mom, Dad and Zaven for never losing faith in me. The years have passed quickly but they will not be quickly forgotten.

Teresa Howick

To all my friends, thanks for helping me through. M.L., Z.K., C.G., K.D., L.B., F.V., K.B., A.P. Love you all. To my guy J.L., for being there. So scared at first, now so familiar. Thanks Mum, Dad, Mant, Katie, Jer. Thanks for pushing me loving etc. Best teachers, Voght, Arvanitakis, MASTRO, Wilson. C.G.: AGAPE, Z.K.: Silverchair, Meg SUPERMAN (Dean Cain). Follow your dreams and good luck. CIAO!!



Julie Hurstfield-Meyer

Ditz? Floridian for life. The original eight, T.B.; Banane, O.B. sister for life. Sket I love you. S.K. cucumbers & the many trips to Florida, K.B. Yo guy? What's up, Rap forever, M.M. the many sleepovers, Lins Sports are life, my jock. M.V. the many talks, J.S. my tennis buddy! Thanks to Mom, Dad and my bros & Adam for the encouragement. Good luck grads of '99 It's OVER!



Alexia Iacobacci

Five years Have Passed Leaving Memories to Last 100% ITALIAN & Proud! ANIF FOR EVER- N.F. Tonight's the night- M.C., Zero- N.G., S Camp- T.K., L.M., Comara- C.P., P.C.L., Bouge, Gonna Get'ya Big Sis- M.A., Les Italiennes LES FAIBLES, It's Getting Me Nervous, CAN I KNOW? 5 hours Long Labs, Thanks to All my friends "Friendship, said Pooh, is a very comforting sort of thing" Thanks Mom, Dad & Marco for All Your Support.



Tanya Kahawita

Cherished memories are eternal. Tour of Italy & gang, special place in my heart. B.F. long live Q.M.T. Men in Capes, Kevrocks, Gucci chica. J.B./ Jungle/ strat. Lexus long live Chem. R.C.L.W. Peppy's fit Pompei. A.M. future PM. & Will is mine. L.M. "gino" P.N.F. americanos love Taco Bell. B.B. best bear hugs. Thanks Mum, Dad, Aiya & J.M.J. for support. La vita è bella, savour every moment!



Zari Kazandjian

"It's a freak show and yeah I'm a freak to all the people if only I could be as cool as you." I pick Australia. Horses = life. Evening, Danny, Sunset, more red ribbons. Max jump. Lucky P. you got away. Dad and Momma I'm coming home and silverchair. I LOVE YOU I'm finally Azad. No further comment.





Justine Keyserlingk

Over? YES! Now more time for sports. Cougars rule! Basket ball + Volley ball team: Love you guys RECCHI 8 #1. Mick, Grandma's cabinet M.S., arm wrestling. M.M., bus stop chats. M.C., Man... Change your name! Sling, You wanted to be my lab partner! A.F., Fustine Irony. Winny, Wayley. Mom, Dad, Dom, Ziggy. I love you so much. Thanks for being the greatest. LET US ALL BE PRO-CRASITATORS!

Stefani Khoury

Original 8 Olivia- My Broad! Juls -FLA three times/ cucumbers. AKA -Pizza. Pen15-Grad '98 Enough Said! Maria -My unspoken BF. Banana -ICQ chats. Marl -STINKY! TO '97 with vocal. 90210. Kindred Spirits. History Mr. .P. UNIBABE. Spring Break '98. MOONcrew. Montreal Westers for life! Thanks to Mom, Dad, CK, Em for talks, Mme. H. Ms. M., Z.O., J.A., J.B., T.G., N.J., A.S., C.H., T.A. Nick, Ben, Montreal West family & Grads '99 -Thanks for Making Life at SHSM Easier.



Chloë Kogan

My friends, I love you best, you're my kind of people. All you make me feel like I'll never be alone. Man, thanks you changed my life. Camel I love you, you're my bestest asbestos. Caitlin you inspire me. Tiff I miss you. Caroline I love you. Mieke we'll be friends forever Liza P., I'll never forget you. Sherma. Mama you're my favorite person. Dad you're too crazy. I love you two so much.



Débora Gomes Lamas

Thanks for the great time that you all made me have in MtL. Friends & family love and miss you all. P.A., G.F., N.A...friends forever. Downtown, Hard Rock Cafe, Americans, movies, snow, ski, and NY!! Mom, Dad, Ba and Dani, love you! Thanks to my host families "é preciso amar as pessoas como se nenhuma houvesse amanhã, porque se você parar pra pensar na verdade não ha..."

Meghan Larivée

yay! Time flies THANKS TO T.H., K.B., Z.K., F.V., L.B., K.D., R.F., S.D., C.G., stress relief... HORSE! Physics/ French Guys rule, Superman, MULDER! I have strept throat. Parents rule. Love to all my crushes! NICKY babe. thanks Ms. V. + Ms. M. LOVE YOU. ECOLOGY! Global warming, friday movies. You people rock, love you TT. DREAM, TRUST NO ONE.



Alexandra Lauzon



It's over! I only came this year but you guys ALL made me feel like I have been here longer! I'll never forget my Senior Year and especially not: Dria-secret, Pink-M.S.-talks=bf-M.C.- The Cream, Yes we'll FITI Ginny- C. Class + guitar/ Nails- dash/ BCS+ Home friends, etc. LOVE YOU ALL + Simon- bébé. Thanks for such a great year. It wasn't so bad being in an all girls school! Miss Ya! XXX



Madeleine Macdonald

PEI Potato Farmer, Big Toe Madie-a-y Van Houtte, Rouge Gorge, Crisk, unibabes, the lck, Bananas! Scientific journal, Good Girls, denial, random prefects, Sutton, Juvy Valley ball crew, Queen bee J., cheezy hair, 3 A.M. algebra, Cool way, shake, Thanks Mum, Dad & Aidan; those at V.M., Pt Grey, and especially S.H. I love you all, & I'll miss you guys. Remember everything when only memories remain.



Mariana Maletskas

Mary/ Littlepickle It began when my bro MeRia gave me bugels. Then came THE original 8 J.H.M.: salsa? T.B.: we DA grapes GUY! S.K.: stinky, K.B.: cheese, O.B.: twins, L.C.: pmt15, moist C.R.: nubnoo Pattycake my #1 star sleep TIGHT C.B. J.B. A.Y. J.S. rock South Shore CREW -LT.: ready for 7:15. T.S.: talks. Summers with C.G., M.B., P.B., & N.B.. my little bro. Thanks -Ma -Dad -Nicla -Yaya -Nona -Tiana Lucia the Ts & the hm's xx Grads '99 it was good.



Laila Marina



Oh, yea yea! MJ Greatest thanks to my parents for all their love & belief in me. My love to Mac & V.C.: Seal? Calories, Joe? Bob! Chris 1st concert. Snooch! Dorval Coffee, Moon Sketchl Pacos girl, C.P., Bobo, Pookie, Fly, Cnsco, C.B., E.T., K.A.B. My fave Lala boys: J.D., J.V., P.C., Train crew. Boston? To Kris & Ramil: you guys are my world. Angel I love you. This is just the beginning girls... keep on smiling! M.C. - call me.

Talia Markarian

Many Thanks to my family. Stepharou yoyoyal Special thanks to Lousse-Mousse (anouchigs) + Keporky (abouchs). Laurmy JAP + freak on bus: thanks for always being there. Z horse lover + NG Zero + Twiggy = azadenk GinGin princess + my fly + Mieke Usher = Love you all. Débora never forget you. Posh spice S=C I love MD. "Let us not say goodbye but rather farewell, we shall meet again".





Laura Mazigi

Tutto FINITO! Never forget Stratford J.B + Jr & bikeboy/ Nora G my cuz you are a Zero, love the bananas+ wedding show/ Ale = Po + Head On a Stick+ R.V / Ni I Love Cheap Hugs/ Q.M Nasty looks+ the Merster Merama. I Tanya: your Whining Rules/ Pammy Baby + Caroli Ti Amo/ To all my Paesans: YAMECHIN'NGOP + GINOS RULE! Shep love you AM (hugbug) / Tal: my forever Spaz/ Thanks Ma, Dad + Paolo... CIAO for Now!

Marie McDonough

Let's not get hysterical, appletree, chocolate, murray jumping on beds in toronto, the machine gun plan, my soulful sista fever, you know you're tired when... marching and gargling in halifax. Lin: you can pay my rent in NY, oh, that song, I cry marie bashing day, cynicism, expired water, a lot, I-songs, tori, I don't want to, bird and unnamed thanks to all of you.



Natasha McPherson

Stronger than the average slim girl, with big lips! To all my peeps: T.B., A.B., M.P., M.B., L.M., L.D., M.S. thanks for keeping me sane. P.V. you mean the world to me. Flips rule; static?, black power; volleyball; dasha. To those who helped me along the way: Mrs. C., Mrs. D.M., Mme. H., S.M., A.M., R.M., J.W., Z.C. love you all. Mom, Dad, G & D thanks a bunch. With every end comes a new beginning...scary eh?



Barbara
Miedzybrodzki

Hi5/ NEXT-attract weirdos together-true friend/ #1 french bud/ Supersweetie/ A.B. forecast/ can't stay away/ Frck & KAOS = Spice Wannabes/ Tylenol/ poetry & flowers/ Jelly Beans & great advice/ Oohla la la/ not the hole/ two girls at basket ball = explosion. Work on commission?/ frozen at Westin/ Polaks rock Pleasure Island/oars/ Thanks to all my pals/ Love you Mama, Tata I Mag -Dziękuję za wszystko!



Courtney Montour

We finally made it! Thanks to all my friends and family who made it possible. Especially Sharma, and Ang., Pinky (Chikita), Liza, and Nora.



Ginny Ng-Kan

B.M.: Remember science camp? My cow can squash your bug. G.D. It was #1 (pop)/ Monkey Baby Rocks/ My MAURITIAN blood is fresher! I love May, Justine Poutine, Linny, TaTa & Scalera/ Laura#1/ MARIE: E.S.P & post-its/ Bishop's Basket Ball 2 snowights/ You left me on mountain!/ Makeup session#5/ K.B.: Me manic, you... More love to all I forgot but never will Thanks MOM & DAD. -Grosses Bisses à tous Salam



Aisling O'Gorman

15'-BoB, So Sorry I Didn't Get To Know You Sooner -Bring Back The Appendix! -Sublime -Irish Pride -Love To -Tra -Mow My Lawn -Listen Lady -Pookie -1+2=3 -Obese Mich -Good Girls -I Am A Donut -BSBLover -Silvertulip -Ms. G -Ducky -#8 Rox -Deby -Nora -WuvLey -Mannela -Oldefar -Mike, Mom, Dad: I Love You -I Hope Somewhere Some Woman Hears My music And It Helps Her Through Her Day -Ani DiFranco



Liza Palas

Love & Thanks Ma, Pa, Bros. CAM =SISTER. Flip dream pic skit meow plop jinx. BUD How old's that kid crying like that P.J. candy eh CUZIN why being so lizy BABLON 5 good ice 911 DONKEY GUMP hit ode FLUFFY. Hill: Basketball team. SISTA-HA Jump SHAMANISM filganip BRUT 83.2 VIDEO Get In=KADJ GRADS: DON'T LOOK BACK WITH TEARS HOLD ONTO THE MEMORIES TILL WE MEET AGAIN. I love you always and forever, Liza



Carolina Pansera

First things first: ITALIAN & PROUD! Moochie: she's getting hyper - Lungel Chipmunk Cheeks I Love you Coma' Ale & Ni "ci ficam find ou liet" GO Laura - BSB Jelly Beans Welcome to the Club: Dance Material. Pam- Its not real! Liz Caroli DJ BONO Alarma & Chunky forever My pallet's coming off! Viva Junior Mafia Ms. Del Tonto - Boca Apert TI AMO Ma, Pa, Pig, & Skunk. CIAO!



Pinky Patel



Hola amigas! Watup Izdalia? Iz Cuban rules (India first) k S., pink passion, turban man, raj, player, siles marner, chiara, laughing lab partner, yeah no more joseph! gujus rule man! gracias to Rotali and Mummy Stay kookoo chequitas of 99! Five years! Remember that "confidence comes not from being right but from not fearing to be wrong"

Meagan Penney

To all my friends who made it fun for you know who you are I LOVE YOU! My family, MOM, LAUREN. You mean the world to me. The V's and staff. Thanks for all you've done MOONRATS -What would I do without you? Europel Mark, Again with the handshake... constant shaft! Room 205 TT: Kindred spirit. SWING N' YEARS! Bit by a swan! Random prefects. Tan It Don't Mean A Thing If It Ain't Got That Swing.



Alison Pollock

Hey Grads this was pure craziness. You changed my life forever. Mieke - Dawson, walking home. Clo-Oz, N.Y.U. - friends past, present and future. Mom without you I couldn't have done it. Thanks, I love you



Caitlin Reid



Star 1, Paul, moist, shake, bob, Monopoly, 64, Twister, elbow 3, rain, gas, turkey, Sr.cafe, ice, benches, pepsi, Satan, stuff, Ewan, pierce! walkdog concerts, Depp plays. Thanx: Luke- won't forget, Mom, Dad you're my goal, I miss you, to friends- I nub noo all, S.H.- I owe you music + art + theatre + words. Think play cry laugh "Because the world owes me nothing and we owe each other the world" -Ani DiFranco

Melissa Sant

Stratford swans. Shup. Say it ain't so. Tiff, feel my head Ben obsessions. Crossing Guard: "I'd like to thank my mom". ITT FREAK TABLE Pipe Art with Andy. My incessant whining. Lord Of The Flies. Friends I hate to leave: T.B., A.S.-B., L.D., M.P., N.M., C.K., M.B.. I love you guys! Wiener, Mom, Dad, Brandon & Kelly thanks for putting up with me.



Tamara Santostefano



Allo mes amies! Had a great time. Thanks for being good friend Debb 112, Atwater, 7 up, bundis Ma what is this? Oars, Babylon 5, good ice, highway, Nobody, Ludwig, houseplans, Schnell, Aussie, much fun. Sleepover, no sleep! IS bad, Ouch!! BIRDS! Thanks I.D.B., L.P., S.O., K.O., S.J., A.A., D.M.C., P.P., L.S. MUM, NONI, UNCLES, AUNTS + THE BRATS Love y'all Miss y'all!

Michelle Saykaly

Wow- it's over-I can't wait to move on but I'll have the memories: M.C.-confidante, M.M.-subject talk, J.K.-looking good sport coach, A.F.-note, A.L.-boyfriend talk, T.B.-rockland, C.K.-chicken!, Fat Ash, crew, Field hockey champs, Walter? cyber, Dash practice, Tool, The stop, x-country ski, Special thanks Mom, Dad, Chris and Greg. I love you all (you know in what way) HUG-goodbye



Jessica Scalera

A.Y. & Cartman sailing way! Smelly Cats? Feeding you? J.B.: Female Monkey Matel Banane: punished mormon! Kel: sushi! B.M.: tylenol. Gin: Can't grasp concept! Spish splash, locked out L.T.! J.H.: Tennis #1. Alex: good times with Dr. greenthumb. "thank heavens 4..." love you best friends forever & there you have it: "I don't ever want to be close to you again but o.k., I'll stay!" Dad, Mom, Stef RECCHI. love you all.

Emily Seng Yue



Me, a delinquent? E-mails Field hockey, TO, vocal Eating, Partners In Crime, Lip balm Sharma, P.E.I., Rouge, George Snow boarding, Gossip Bonaventure, 2nd Cup Cheesecake, Stratford '99, Kinder Surprise, Infobooth, Bunbury, Socket, Liming? Sleepovers Tennis, Makeup, Burnt hair pipette, Sound effects, Ballet, Prefects, Schizo, bridge, down da street, Radio Can, Angel, Love & Thanks to friends AAboud to Zer, Popo, Mom, Dad, Co.

Amanda Smith-Barrett

Let me get some action from the back section. "Accept that somedays you're the pigeon and somedays the statue". To The Girls: I love you dudes forever, you make me so happy, as does the beach. To Mom, Dad, Jule, pooch, I love you and thank you. These are the DAYS of my life. "It's the end of the world as we know it and I FEEL FINE!" (REM)





Laura Shell

Five unforgettable years: L.S. song Stratford, field hockey, laughing fits pre-cal "surprise" "Laura or Cath?" To all my pals you made high school rock: K.D., T.S., I.D., C.M., D.C. Hockey buds: R.C., E.D. and E.S. Go Habs Got Two Mountains train: A.A. and S.J. (busted) equals deafening duo. T.H., P.P., M.B. (2M pal). Thanks for everything: Mom, Dad and teachers. C.T.S. love you Grads of '99 may our memories live forever. Good luck in the future

Tchervenkov

Bugel Begins. Hall chants. Crazy outbursts. A+10. Joyndes Dread. G.Y.: Mourelatos. Classi CUBA. tale Sleepless. T M.R. nights. STRATFORD. suite. Toyo. L.D.: Priceless poems. Pita craves. DREW madness. ICKY steps. Vents with zim. Cards in math. Big Ben BASHA. Van Houtte. A.M. Pigouts. J.B.: 1st and out you guys brightened my days. Let the good times roll...



Elizabeth Mary
Tiplady

Memories last forever! AF-VIT, I've got a lit' CHUNKY ROCKS! C B P G C P M B B M BSB stocking 'NSYNC! Columbo, lets be spontaneous! What's in your wallet? Too many stickers! C.A.: Summer School 'MARK-A-RENA' Special thanks to family: especially Mom, Dad, Andrew: love you all. We have all grown into beautiful butterflies, now each of us have a new life ahead! Miss you all!



Maria Vale
Fernandes

Original 8 M
Olive, Lindz
Loyolabuds S
Mike D, Ad
Jackamo for
Moma-Becky
Marco JJ's p
with Lennon N
ROB, I dig ya
and Denis for
friends ever
Thank you M
Vans "Lovin'" that I go



Faith Vickers

It has been a great 4.5 years at SHSM. Bananas. Laura: the door says push, not pull. "Mulder" is so cute! Meghan: Did you watch the X-Files? Faith-ball, Scully. Are you going to eat that? Anne-Marie: It has been great taking the train with you! Krystyna: I have enjoyed going to Keene with you and your family. Thanks everybody!

Andrea Young

After school posse/ hair'n danish. Aristotle. Devoted to Bonjovi. note racing/ Bismarkians. avoir Donacona. intimidations. SWEET. A+10. leaf deck. FABULOUS. pinky swear. BoB. "mole". inward laugh. strat-spot. cigar break! laurier. torts office. DOGS DEAD, dazed, butterfly, mother! ICQ dates, dilettante, salsa, deepness, RUN THEY'RE SETTING UP CHAIRS!







what Happened



pened???



MOST LIKELY TO

- Zohra: Take over the world and make Freddie Prinze Jr. her personal slave.
- Caroline: Become the next big supermodel and be the "Gwyneth Paltrow" of the year 2000.
- Maeve: Overdose on hyperness.
- Lindsay: Marry Sean Mason.
- Debora: Finally get her driver's licence, but still show up late at a party after having to make that last stop at Benetton.
- Michaela: Become the next heavy weight champion.
- Elissa: Star in the remake of "Clueless".
- Gayle: Go to jail for beating her husband and pout all the way there.
- Rowena: Be reincarnated as a little Rowen tree on a grassy knoll.
- Christine: Marry Till Lindman and have an affair with Marilyn Manson.
- Sharma: Convert to Shamanism.
- Meghan: Find the truth that is out there.
- Alex: Live with Simon in Barbie's dream house.
- Mare: Become a lawyer and sue for psychological damage.
- Sophia: Wet herself while making "The Face" at little children.
- Liza: Join the WNBA and star in the remake of The Fresh Prince of Bel Air.
- Pinky: Spend money.
- Alison: Watch Baywatch and take no responsibility for accidentals.
- Michelle: Be obese.
- Lisa: Make random irrelevant comments.
- Liz: Win a "Chunky Shoe Contest" and become the next Spice Girl.
- Tania: Reduce everyone's name to a monosyllable.
- Laura B.: Have too many Grad dates.
- Jen: Bite off her finger eating cooked broccoli.
- Manange: Drown in her own deepness.
- Kelly: Overeat pizzas and have to be taken to the hospital screaming "I'm not ugly!".
- Tiffany: Have a string of male concubines.
- Raetka: Have 2-3 children, live in a colonial, have 2 cars and come back every year for the Alumnae Dinner.
- Isabel: Be fat, outdated, gel-free and sing Shama....
- Anne-Marie: Be a little German boy for the rest of her life.
- Kate: Spend the rest of her life in a tee-pee in Keene, spazing and brushing her hair.
- Sabrina: Open her own Rice Krispies factory.
- Teresa: Be content sitting in a rocking chair solving her own problems and laughing at her own jokes.
- Tanya: Procrastinate and slack off her entire life.
- Zari: Morph into a horse and carry Silverchair off into the sunset.
- Mariana: Become a policewoman.
- Natasha: Poke someone's eye out with her nails by accident.
- Laila: Hurt herself laughing.
- Carolina: Move to Italy, marry the head of the Mafia and bathe in all her life is "sketchy".
- Meagan: Get bit by a swan, make a literary allusion to The Lord of the Flies and complain.
- Tamara: Move to Australia and marry a cross between a donkey and a pig.
- Jess: Room and board at St. Mary's.
- Laura S.: Hear a joke at lunch and still be laughing about it at 3:05.
- Faith: Marry "Mulder" and replace Gillian Anderson on The X-Files.
- Andrea: Buy the apartment across from school and fill the balcony with dogs.
- Angela: Rename her home country from Ghana to MY COUNTRY.
- Ayeeha: Become a doctor... Dr. Baig.
- Olivia: Walk out of class when getting yelled at by a teacher.
- Krystyna: Ski up a hill.
- Manu C.: Live in a shack in India as a volunteer and as an advocate for Green Peace.
- Mieke: Give out deliberate attitude.
- Linda: To frolic amid beautifully bright flowers, thinking happy thoughts while overdosing on PEZ.
- Sam: To complain about her ex-boyfriend and criticize how guys stink.
- Alexandria: Meet Courtney Love while making a cameo on The Simpsons then forget to tell anyone.
- Pamela: Be arrested for stalking her favourite boy group after claiming they told her they'd "never break her heart".
- Julie: Marry Peter, move to Florida, get divorced and decide that shopping is the answer to her every problem.
- Justine: Put out a cover album imitating celebrity divas enthusiastically.
- Stefanie: Love every guy in Mo West, but never settle for only one.
- Débora: Pierce every part of her anatomy before returning to Brazil.
- Maddy: Be an underrated genius in denial.
- Taka: Live in Japan and feast on sushi for Ever After.
- Laura M.: Give the cheapest hugs.
- Ginny: Go on vacation with all her luggage packed with make up.
- Aisling: Move to Kamp Kanawana, smiling, singing and hugging everyone she meets.

G
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Grad



Top:

The whole grade in the reception room before going to the hotel.

Bottom:

Caroline, Maeve, Liz,
Pamela, Zehra'a, Natalie,
Alexia and Carolina.



Night



Top Left:
Sophie, Liza, Angela, Gayle
and their dates pose as they
leave to go to Sacred Heart.

Top Right:
Michaela and Michelle take
time for a picture as they
enter the hotel.

Bottom Left:
Linda, Maddy, Aisling and
Marie at the hotel.

Valedictory Address

Today, I stand here representing the last graduating class of this century. As a song once said: "We saved the best for last."

Now, as we leave Sacred Heart, we take with us more than the habit of dressing in uniform every morning. We take with us the memories of Café Kular cheesecake, retreats, carnivals, walk-a-thons and a sense of pride in all that we have learned, ready to face whatever the future may bring. However, our education extends beyond books. We have learned the true value and importance of helping our communities through teamwork, communication skills, and a sense of compassion.

Of all we have acquired during the past five years, the most important gifts are the friends we have made. I speak for many when I say that I have been fortunate to have spent my high school years with such wonderful, witty, smart and creative people. Good friends such as these are hard to find and it is rare to find so many at once. I have shared many secrets and tears and much laughter with these friends. Being with them always brought out the best in me.

In the same way, some people, both teachers and students, challenged us and in their own way, brought out the best in us. They tested our patience at times, disagreed with us and ultimately, they have helped make us stronger.

Tennyson once wrote: "I am a part of all that I have met." And so, the Sacred Heart community, including the students, administration and faculty who love what they do, have become a part of each and every one of us. I would also like to acknowledge that we would not be here today without the encouragement and love of our families.

To the graduating class of '99, high school would not have been the same without you. As we leave, it is difficult to find the right words to describe this lifetime experience. Sacred Heart's particular quirks and traditions will leave us with the best memories.

"So now we're standing face to face. Isn't this world a crazy place? Just when you thought our chance had passed, we went and saved the best for last." We will always be able to look back fondly and remember with pride that we were the graduating class of '99.

- Emily Seng Yue

art and literature



Amusing abuse



*I win a much-waited-for walk with you
and you discreetly but purposely splash me
you step into all puddles.
it's enough for me to know that you're still
playing.
you'll forever be playing,
with my head.
you don't need to stomp,
just step.*

Art and Poetry by Caitlin Reid

Mirror Image

*she peers
grimacing,
loathing what she sees.
it's not my fault,
I'm only a mirror,
reflecting what I see before
me.
"my nose is too big,
my hair, too wavy,
I'm too short,
too fat..."
she pokes at her face
dissatisfied,
critical of every feature.*

*What can I do but
show her a mirror image?
mirror, mirror
on the wall.
she looks to me
every day,
searching,
yearning to find
beauty from outside
but how do I show her
how to search inside,
beyond a mere image.*

Emily Seng Yue



Melissa Coussa-Charley

'Tears of Love'

*She waits for him in the quiet darkness,
The window against which she leans is cold and
uninviting.
No shining light to direct his path
But, yet, he runs to her wholeheartedly.*

*Steadily approaching steps are molded by desire,
She watches his silhouette move across the wall.
The sheet of ice which envelops her melts away.
His warm breath is upon the nape of her neck.*

*His tender caress brings colour to her pale cheeks,
Passion rises and bursts like a newly-bloomed rose.
The strength of his embrace is reassuring,
She falls into him completely.*

*Now two bodies become one,
They move to the rhythm of united heartbeats.
These moments of sweet surrender are trapped in
time,
These moments will never be forgotten.*

*His lips so pure against her own,
Every ounce of beauty shining through his eyes,
They touch the current of love deep within her.
Sights of undying pleasure are wild.*

*When their tumultuous journey comes to an end,
When he has explored her as one does a new land,
She tastes the saltiness of her tears.
Tears sprung out of a consuming and indescribable
passion,*

Tears of love.

Carolina Pansera



Zari Kazandjian

Horses

horses
see how they run
away

you left
wandering again; mind
preoccupied with
thoughts of cannibalistic marsupials
(or something of the sort)
i wondered where you were
of course
i had no way of finding out
the words we spoke were few
bare shreds of information
enough to appear civil without compromising ourselves

they laughed with you
and i stared
outside

i longed for the warmth
slowly became angry; just as
slowly began to cry

you carry a box under your arm
full of dreams
perhaps mine
never really taking time to care
for my strength
or anyone else's
oh so accurate, always
hit the needle on the head

horses
see how they fall
in the sand

Marie McDonough



Maeghan Andrew

Evil

"O what a goodly outside falsehood hath!"
The Merchant of Venice, by William Shakespeare

I am a misty sea
full of vengeance
and hate.
The Love within
has withered away.
I am a bunch of tattered
lace.

Innocent and young
I once was.
I held the joys of life
within my eyes,
a vase with eternal
space.
Then someone came and shattered it.

I am a bitter fruit
ripe and gleaming.
One single bite and you shall see,
the emptiness that is me.

For if pain is weakness leaving the body,
then I am the sponge that absorbs
this delight

The boldness of this world has made me old.
The body of a child, a heart
but no soul.

Smiles are merely ornamental.
A laugh just a long lost echo
down a hall with no doors.
There are only whispers
on these empty shores.

A Rose so crimson you will never see.
Beauty is but a fragile image,
pick up the Rose and you will see,
the red is only what you bleed.

For I exist,
I am everywhere.
My eyes are now upon you
For I am part of what you are.
My blood runs through your skin
I bet you did not know I was already in.

Helen Arceyut-Frixione

My Cardboard Box Days

We hear the screech of stopping brakes and rush outside to see what has come for us. Actually, it's really for our parents. The delivery man wheels out the precious cargo very carefully. We await our treasure with anticipation. Our eyes are filled with anxiety. But questions rush through our heads. Will our parents give it to us? How will we take care of it when it rains? What if it's too small? Finally, it's time to tell them our request, but who will ask them? I volunteer. So with all my courage, I walk up the stairs to the house and ring the doorbell. My neighbour appears in the doorway. "Once you're done with it, can we have it to play in?" I ask with uncertainty. Her response is "Yes". She comes back out and hands us what we consider to be "a child's riches". It is the BIGGEST, BROWNEST and most BEAUTIFUL cardboard box you will ever see!

So this is how I spent many of my childhood days: running around with my neighbourhood friends pretending that the unwanted refrigerator box was really our castle decorated with flowers and stars, by the little hands of three seven-year-olds.

Our parents could never understand why we insisted on keeping the overgrown box and would always try to persuade us to throw our kingdom away.... but we fought until the end to keep it.

Five years have passed since then but I still have vivid memories of those times. Now, whenever I see a box, whether it is big enough to be the space ship of a six-year-old or small enough to contain a child's most valuable marble, I go back to the days of my childhood when a simple box could take up hours of my imagination. I will never forget my cardboard box days! Christina Sauro

the fall

how many times
have i
tumbled
through thin air
just like
so many
expired leaves
with nothing

(more)

to add
with no
beauty left
to share
splitting the silence
with one last
breath of
hope
to fly

knowing that
no answers
will be whispered

(just wind)

unsure where
the hands of
haphazard skies
will take me
each time
craving
somewhere
(far away)

linda doan

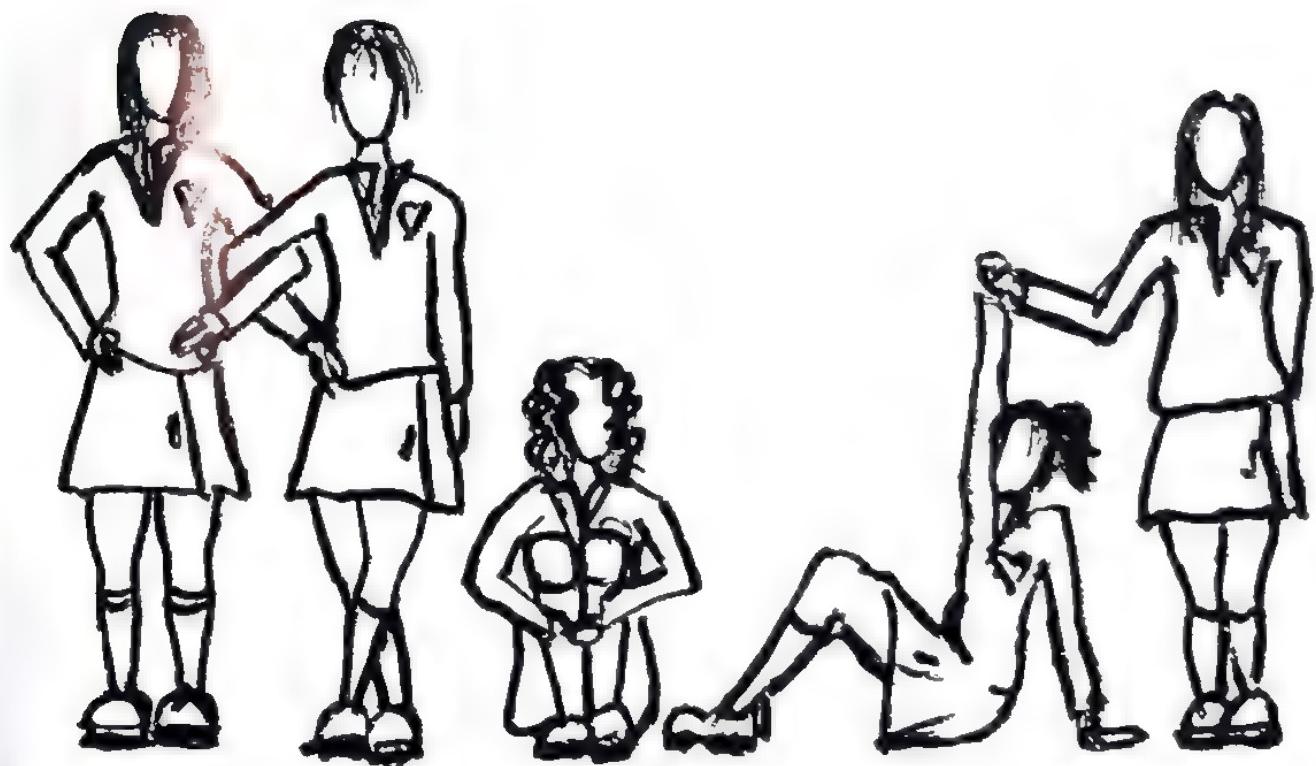




CANDIDS



undergrads

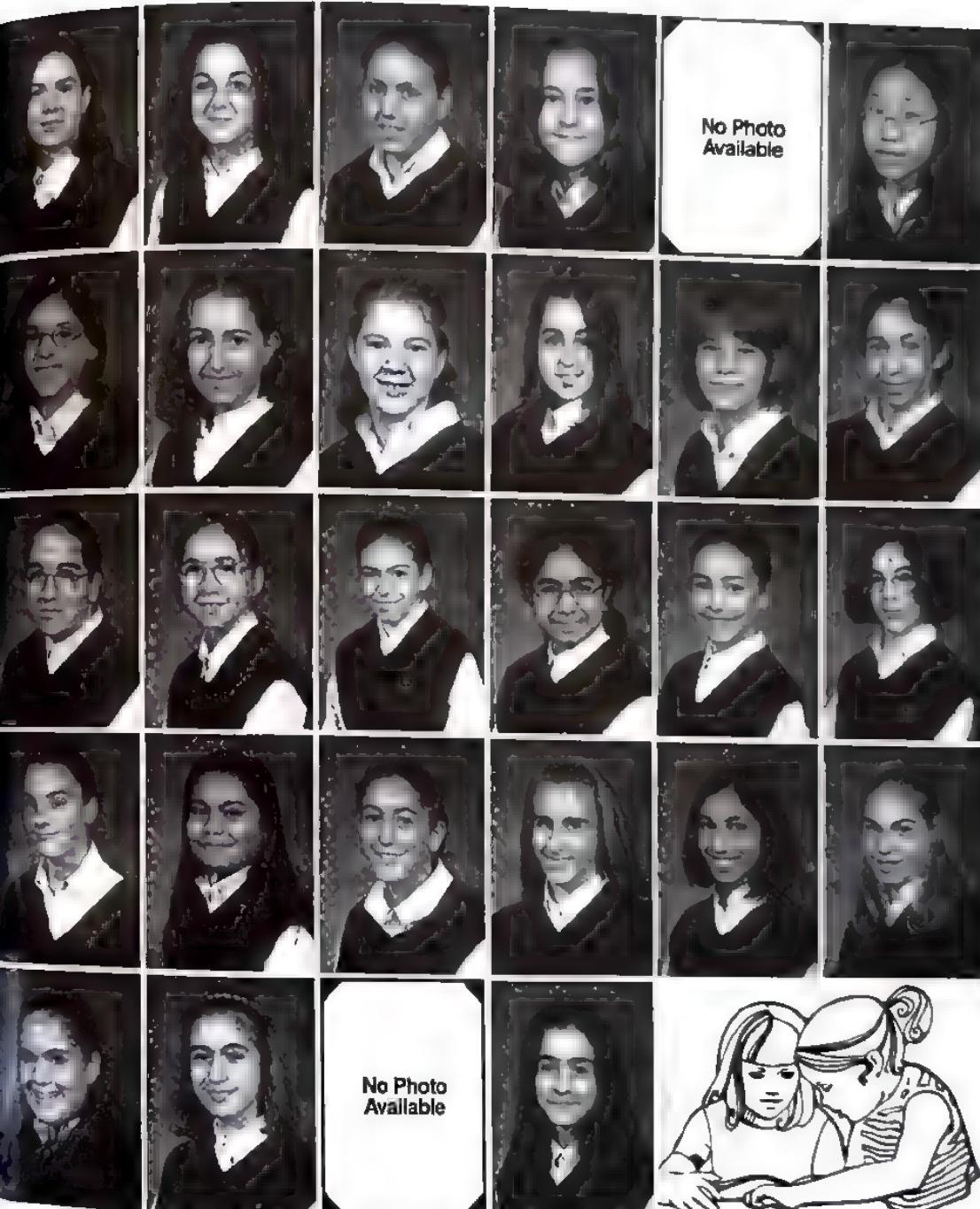


Secondary IA

Meghan Andrew-Rutherford
Elizabeth Biscotti
Rebecca Boucher-Hammaker
Emily Charette
Vanessa Con Manocchio
Amanda DeRosa



Secondary IB



Stephanie Alexander
Tania Arancio
Amanda Barrie
Gabrielle Gaudreault
Kathryn Cannetts
Christine Ka Hing Chan

Sabrina Colomello
Alexandria Crevecoeur
Kaitlin Louise Crum
Alyssa Esposito
Emily Howard
Kathleen Koulos

Natalie Kushner
Natasha Laszczuk
Marilyn MacKenzie
psita Madan
Aia Menon-Charet
Vivian Peirous

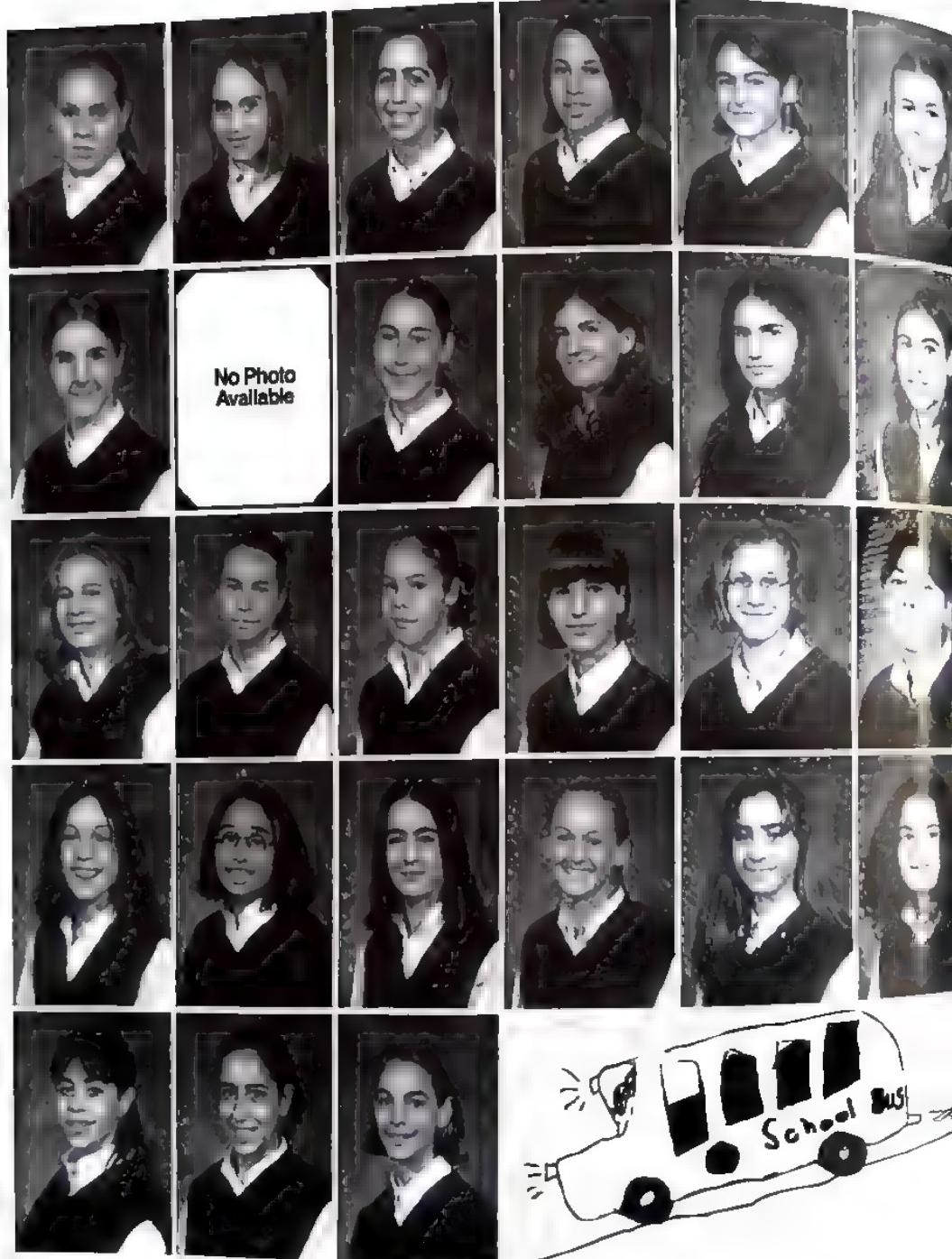
Melanie Portuga
Radhika Podval
Pamela Rotondo
Christina Sauri
Anuradha Sharma
Serena Tafiro

Alicia Troli
Christina Vanti
Georgia Von Ohs
Christina Zappettini

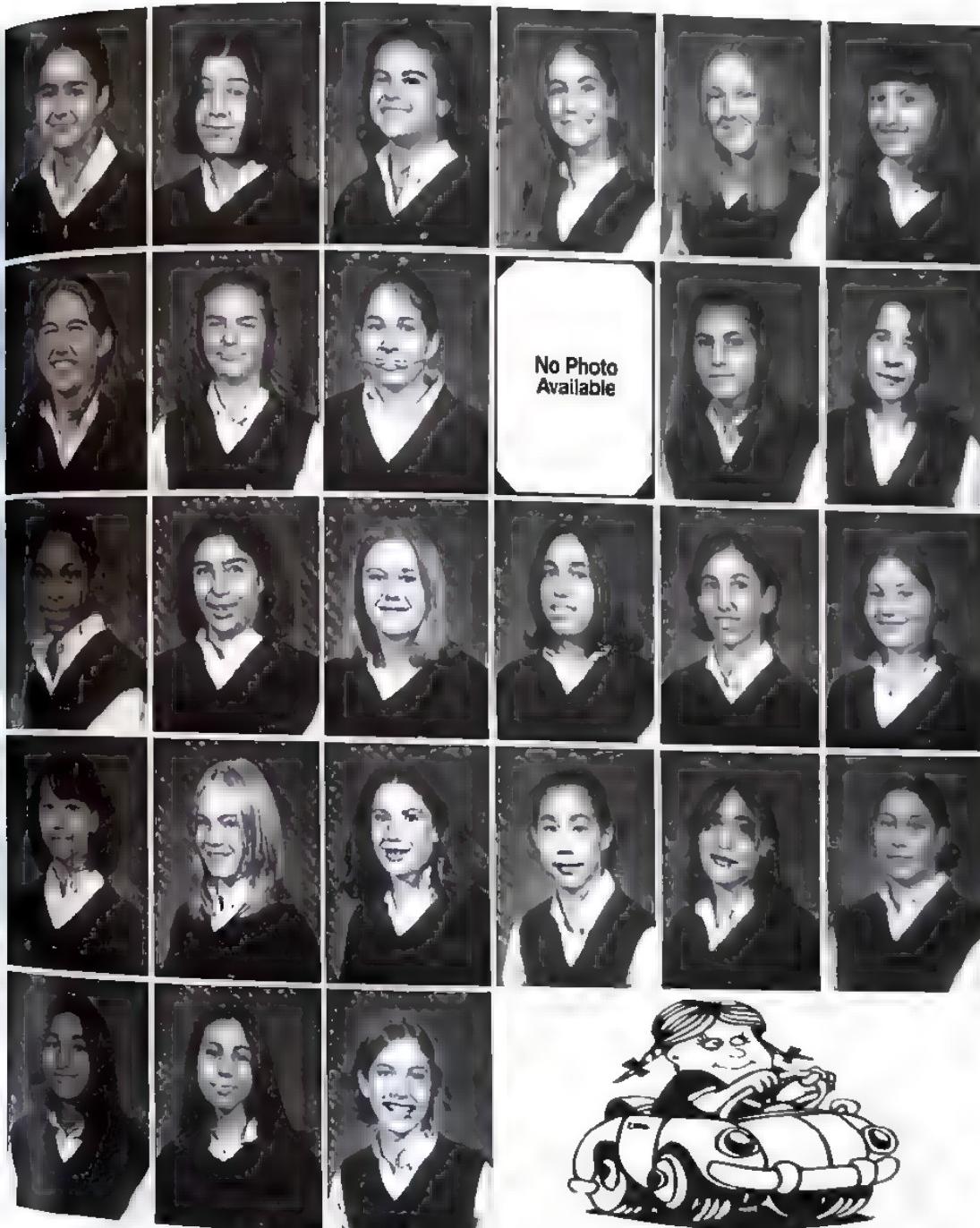


Secondary IC

Kristine Bahak
Emma Cenlu
Claudine Courte
Christine D'Ascanio
Olivia De Torto
Linda DiPalma



Secondary IIA



Cindy Aguilar
Sara Alves
Lydia Amber
Alexandra Barnabe
Christie Boone
Tanya Castelino

Vanessa Clarke
Jennifer Elvidge
Claudia Gerarduzzi
Jacalyn Guy
Anna Hatchristis
Erica Henriquez

Summer Marie Joseph
Catherine Kusny
Christina Little
Julia Lo Basso
Natasha Majorano
Jennifer Malo

Melissa Quinto
Amelia Sargisson
Eryn Savage
Lisa Sew
Jana Shamsa
Stefania Simeone

Luxmie Srikantharajah
Heather Townsend
Magda Woszczyk



Secondary IIB

Blair Adam
Simmn Awakht
Evelyne Bourassa
Christina Broccolini
Sabine Buerkle-Shirlitz
Tricia Cook



Alexandra De Souza
Clara Souza
Cynthia Fazzan
Iona Fournier-Tombs
Lisa Marie Henderson
Sarah Kemerer

Aisha Khan
Anne Kuskowski
Poulicheh Kyres
Lydia Lawrence
Stephanie Maurel
Mano Cecilia Menghim

Katharine O'Brien
Erin O'Donnell
Clare Pollock
Shadini Ratheenthiran
Tanya Reda
Cathy Religa

Francesca Rusotto
Enika Tucker



Secondary IIC



Nicole Anagnoski
Sara Budde
Amanda Cawley
Melissa Cowen
Alexander Cross
Natasha Cumberland



Kassandra Eberwein
Sabrina Ganji
Jesinta Goliots
Raissa Harasymowicz
Zenovia Kennedy
Natasha Lam-Heung-Ki



Roxanne Liberman
Stephanie Markman
Amanda Mazzanti
Kathleen Ann Miller
Kyra Murell
Sonia Reigas



Meagan Robinson
Marvann Rusnak
Laura Sacco
Natasia Schumacher
Christina Stoile
Arianne Weeks



Secondary IIIA

Anveen Ahluwala
Heather Arceyutu Erkman
Tania Aza
Pamela Battah
Tania Bishara
Lindsay Cheron



Melissa Colabella
Tania Conca
Chiara Folin
Caroline Haikyaner
Jennifer Hicks
Julie Lavia



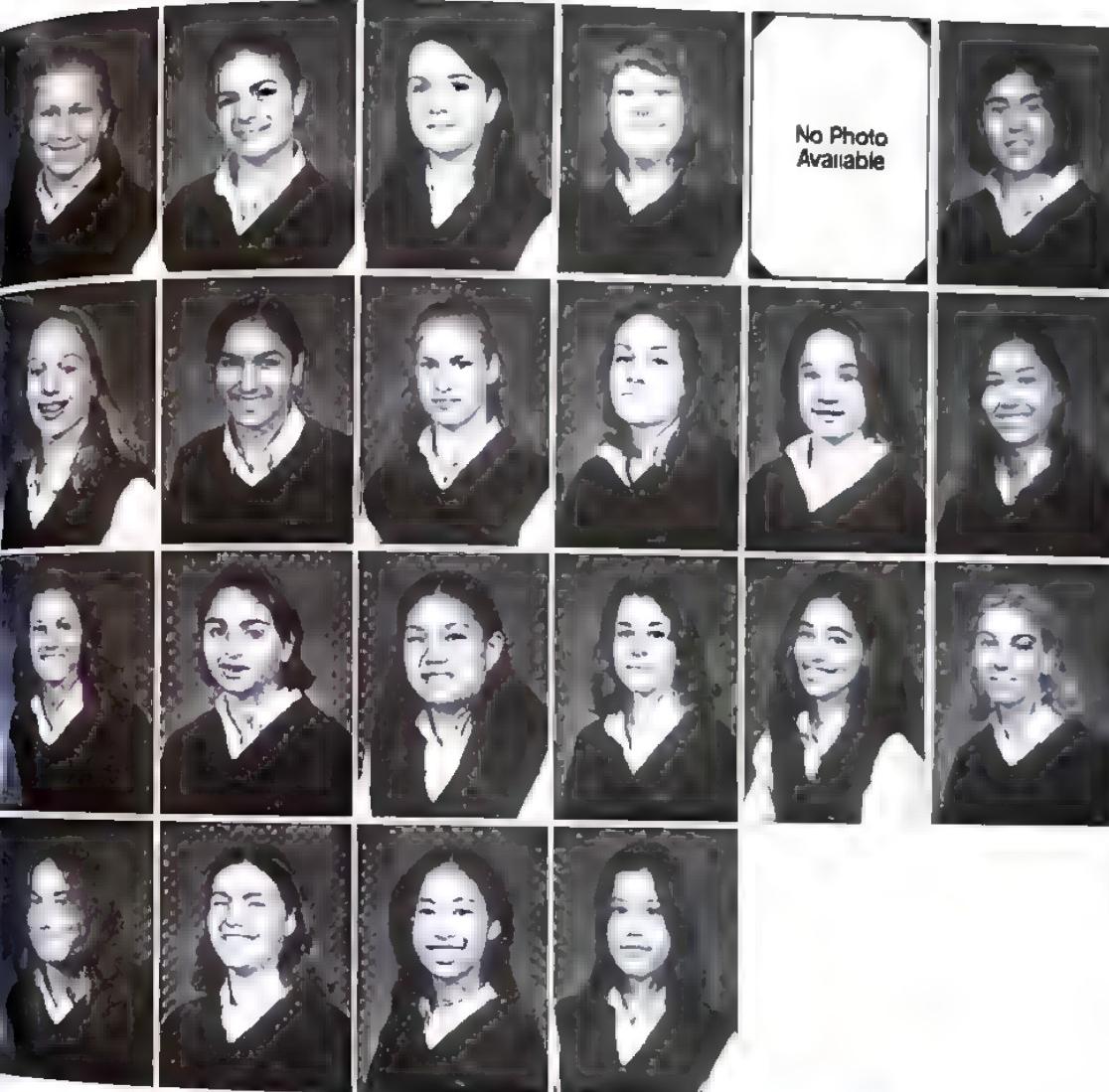
Cynthia Lombard
Myriam Luccasano
Praya Mainor
Maria Martinez Gondra
Magda Mlodzybrodzki
Laura Ng Ying Kin



Christine Nicol
Stephanie Pascale
Kathryn Potvin
Nathalie Sam
Mi Lu Say
Stephanie Scalera



Secondary IIIB



Secondary III

Olivia Brassard
Valeria Francesco Caruso
Cristina Darwish
Sheena Davis
Sabrina De Casteljau
Eusebio Di Belio



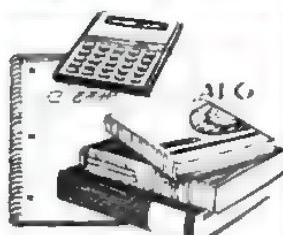
Tatia Ferguson
Kristen Lange
Laura Leone
Cynthia Leroux
Victoria Mandikaris
Alessandra Pansera



Manoj Pereira
Lyla Radmanovich
Monisha Sudarshan
Natacha Tardio
Vanessa Tardio
Jennifer Tessens



Christine Tran
Linda Tsang
Josee Ria Tuvide
Leilah Zaidi



Secondary IVA



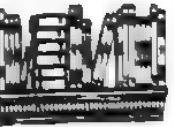
Jessica Achey
Marjorie Armijosa
Veronica Bagdoo
Karma Burkhardt
Jonyne Bustamante
Giulia Ciavaglia



Karen Coelho
Jenny Conte
Sarah Doig
Alejandra Ganem-Cuvera
Anna Kamateros
Rae Kishly



Elizabeth Labrie
Joanna L'Allemande
Karen Li
Christra Masedi
Maria Luisa Clymyk Luoch
Kimberly Reis

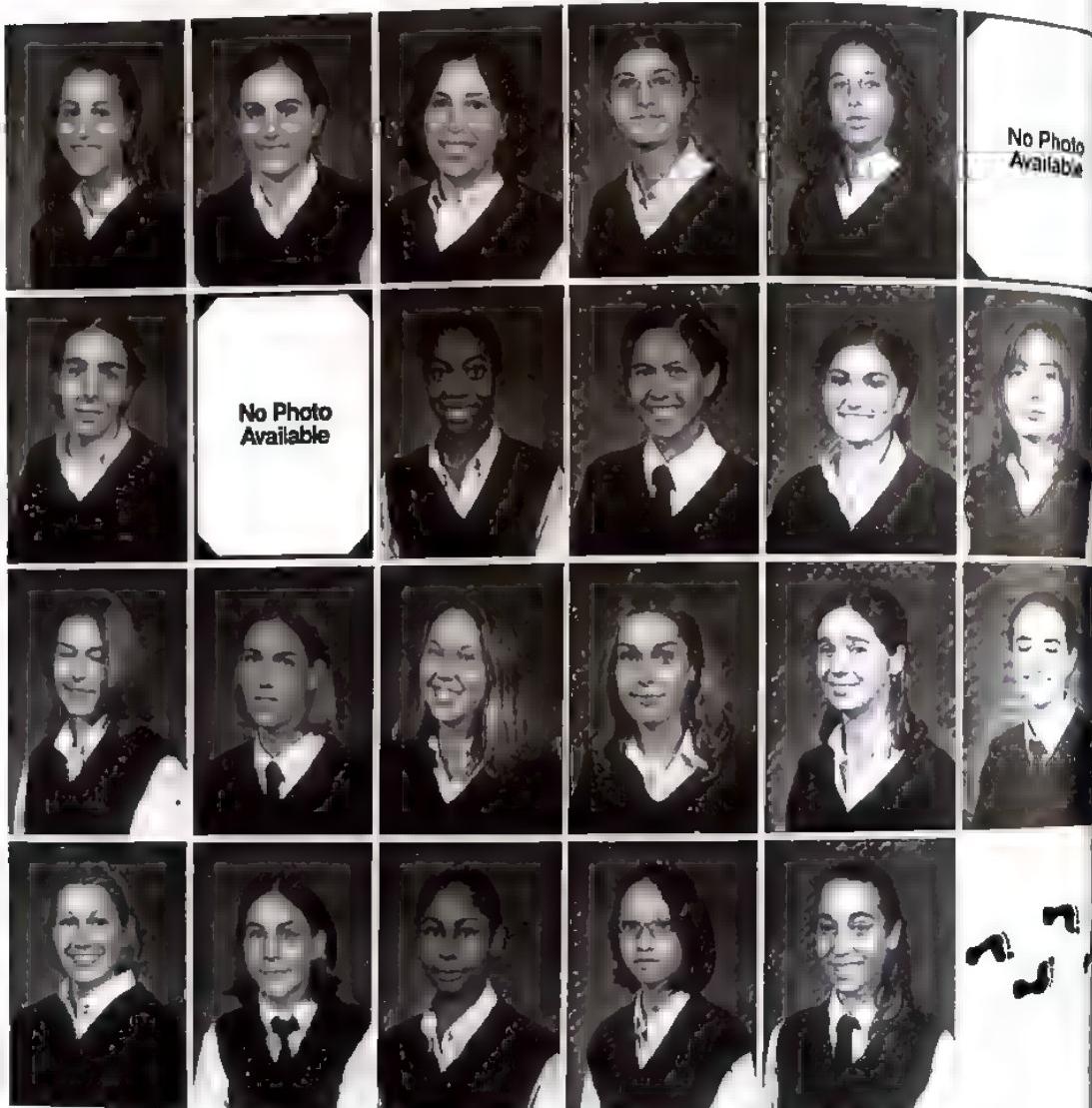


Meissa Salvati
Lora Soccarelli
Miranda Stavrides Ed.
Liana Tassone
Jessica Vani

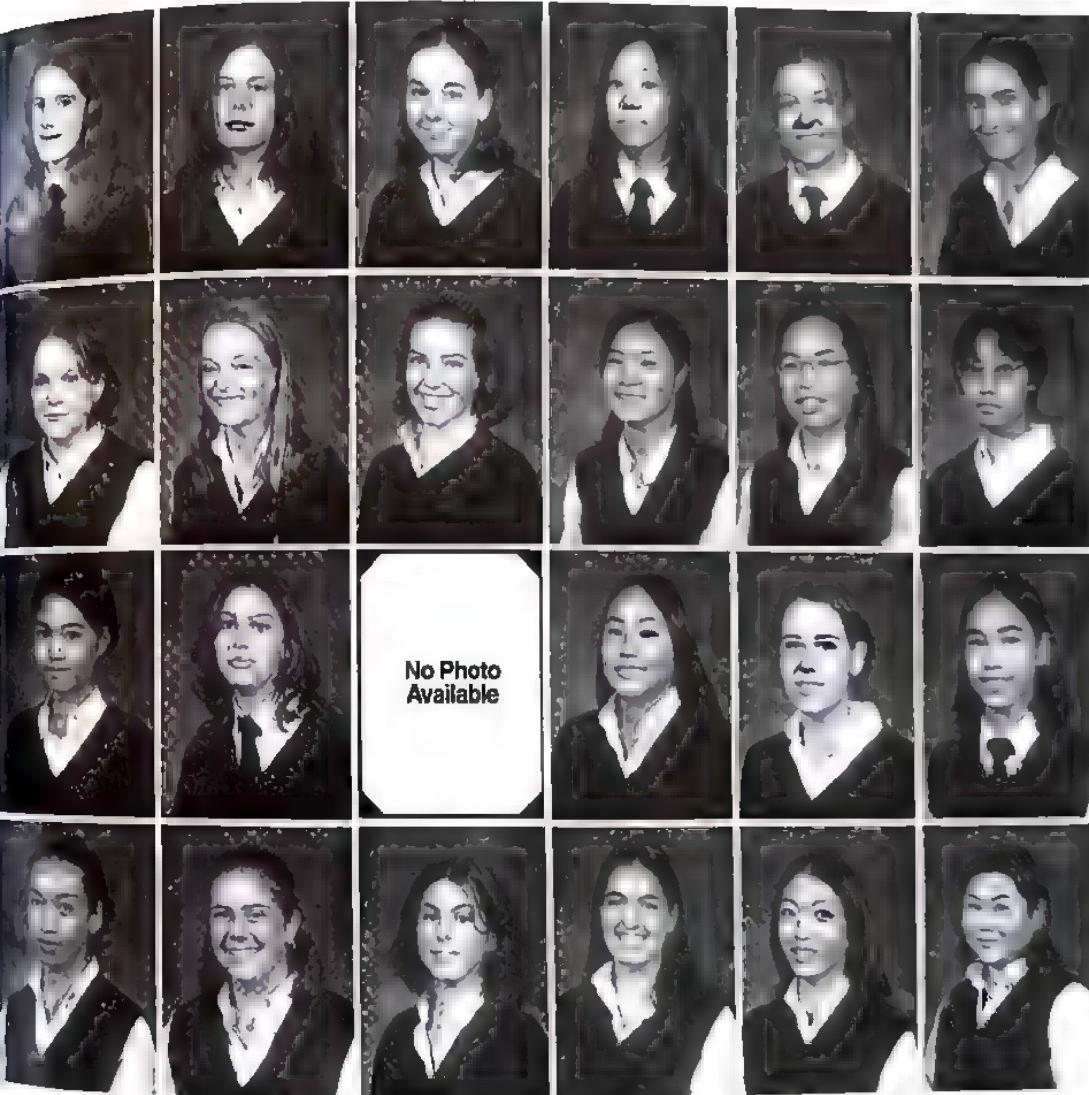


Secondary IVB

Marijena Bono
Stephanie Caprara
Melissa Coussa Charles
Amanda D. Mayo
Eduardo Ferrer
Kaitlin Ferrell-Gallion



Secondary IVC



Jill Amgren
Angela Alvarado
Jennifer Berry
Paulina Chan
Jennifer Chodlette
Debra Jo Chodlette
CS

Stephanie Embraco
Eleonore Finneran-Tombs
Jessica Jackson
Suk Lin Khoo
Barbara L.
Mira Lin Luu

Clarice Ma
Melissa Marcus
Victoria Mannion
Elizabeth Mow
Stephanie Murphy
Thuy-Lan Nguyen

Hazel Pagnano
Nadia Primiani
Cristina Rosaldo
Christine Saykaly
Angela To
Ginger Yee-Sur-Chun

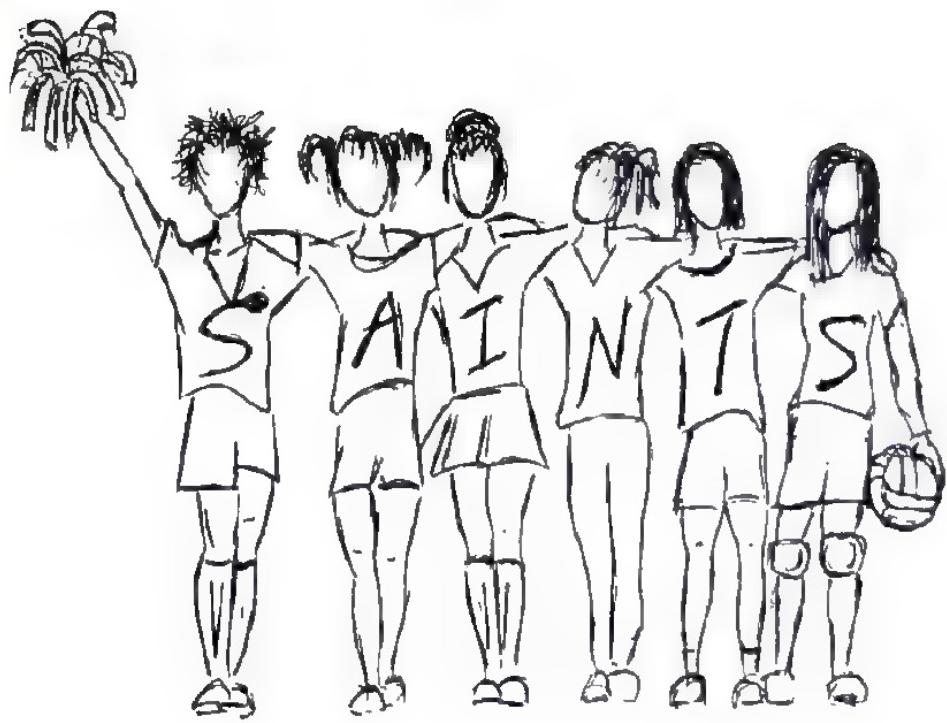




CANDIDS



Sports



Field Hockey



The 98-99 field hockey season was a very successful one for the home team. With the help of their great coaches and their amazing goaltender, they won gold medals and brought Sacred Heart its first field hockey GMAA Championship banner. During the playoffs, they defeated Hudson High in the semi-finals, and with that victory, moved on to the finals, where they would meet Beaconsfield High. They played a hard-fought game and beat Beaconsfield 1-0, on a goal scored by Jessica Ianni. Congratulations to all the players who helped the team win gold.



From the expression on her face, you can tell that Angela Alberga just used a tremendous amount of force to hit the ball down the field. And it looks as though Stefanie Khoury is ready to receive the great pass.



Laura Snell, Jessica Ianni, and Sabrina Fabian run up the field.



Stef and Emily running up the field ready to beat the opponent.

Basketball

Bantam

Top Row: Claudine Courey, Roubina Liberian, Tania Aquino, Clare
Lock, Meagan Malone, Arianne Weekes, Celia Lombardi,
Stephanie Markarian.

Bottom Row: Christina Zakem, Marilyn MacKenzie, Natasha Lam,
Violette Arvanitakis, Rebecca Boucher-Hammaker, Evelyn
Thomas.

Coaches: Ritou Maloni and M. Gill.

Midget



Top Row: Jane Parayno Colabella, Catherine Snell.
Middle Row: Amanda N. Linda Tsang, Lisa Sew.
Missing: Cristina Darwish.
Coach: Mrs. Cumming.

Natasha Tardio, Blair Adam, Melisa
nessa Tardio, Catherine Han.
mi, Stephanie Scalera, Priya Maloni,



The Bantam Basketball team poses for a group picture before a game.

Juvenile



Top Row: Rebecca Schaffer, Jessica Scalera, Julie Hurtsfield-Meyer, Justine Keyserlingk, Alejandra Ganem-Cuenca.
Middle Row: Ginny Ng-Kan, Gayle Dulay, Melissa Herico, Joclyne Bustamante, Hazel Paginado, Liza Palas.
Missing: Kalifi Ferretti-Fallon and Julia Talajic.
Coach: Sarah Neeff.



Soccer

Bantam



Top Row: Elyse Quesnel, Amanda Cavalieri, Natasha Lam Heng-Ko, Emily Cholette, Rebecca Boucher, Amanda De Rosa, Meaghan Rath, Meagan Malone, Amanda Barde
Bottom Row: Venessa Cori, Celia Lombardi, Melanie Pertugia, Elizabeth Biscotti, Geneviève Pertugia, Amelia Sargisson, Magda Woszczyk.

Missing: Kathleen Koufos, Natalie Kushnur, Aviva Masel, Clare Pollock.

Coach: Ms. Vaupshas.

"We had a very successful season, making it all the way to the semi-finals. We hope that with our newly acquired skills, we will bring home a banner next season."

Meagan Malone

Midget



Top Row: Cynthia Cipolla, Cynthia Lombardi, Melissa Colabella, Lindsay Charzon, Angela Gillis.

Bottom Row: Stefania Simeone, Catherine Snell, Lyla Radmanovich, Stephanie Scalera, Alicia Troli, Rita Forlini.

Missing: Blair Adam, Alexandra De Souza, Mary Ann Rusnak,

Erin Savage, and Arianne Weekes.

Coach: Mrs. Dawn Cumming.

Juvenile



Top Row: Carolyn McMahon, Caroline Balcar, Jessica Vanni, Julia Talajic, Miranda Stavrides-Eid.

Second Row: Reetika Chawla, Tamisha Harris, Ange Ampadu, Sophia Otchere.

Third Row: Jennifer Cholette, Mariana Maletskas, Julia Fazzari, Nadia Primiani, Gayle Dulay.

Missing: Julia Ahlgren, Tania Conca, Jinny Conte, Linda Coughlin, Christina Dawish, Michelle Oaten, Alessandro Pansera.

Coach: Mr. Martin Laperle.

Volleyball

Bantam

Top Row: Kylene Murrell, Sarah Kemerer, Erika Tucker,
Lia Marie Henderson.
Bottom Row: Melissa Quinto, Jaclyn Finn, Serena Trifiro,
Natasha Laszchuk, Georgia Vriniotis.
Missing: Sara Alves, Elizabeth Lantosh.
Coach: Linsey Serone.

"All team members are thankful for the time and effort our coach Linsey Serone put into teaching us teaching us the skills we needed to win!"
Kylene Murrell.



Midget



Top Row: Pauline Chan, Christina Getsio, Linda Tan, Olivia Brassard, Meagan Armutage, Priya Maloni, Vanessa Tardio.
Bottom Row: Lisa Sew, Caroline Lai, Tania Azar, Natasha Tardio, Kelly Abdelhay.
Coaches: Mrs. Dawn Cumming and Canadan Tan.

Juvenile



Linda Tan focuses on the ball as she prepares to toss a serve to the opposing team.



Top Row: Marianne Brassard, Madeleine Macdonald, Justine Keyserlingk, Rebecca Schaffer, Natasha McPherson, Amanda Smith-Barrett.
Bottom Row: Gabrielle Masse, Hazel Paginado, Pinky Patel, Ginger Yee.
Coaches: Mr. Peter Kousik and Ms. Carmen Antonini. Sports 65

Badminton

Bantam



Midget



Bantam: Serena Trifiro, Genevieve Pertugia, Alia Manon-Charest, Natasha Laszchuk, Amanda Rassi, Alexandra Crevier, Meaghan Rath, Elizabeth Biscotti, and Jaclyn Finn.

Midget: Stephanie Scalera, Pamela Battah, Linda Tan, Katie Dupuis, Lyla Radmanovich, Caroline Hacikyaner, Kalifi Ferretti-Gallon, and Sabrina Fabian.

Juvenile: Julie Hurstfield-Meyer, Emily Seng Yue, Olivia Bitton, Tania Battah, Jessica Scalera, and Rebecca Schaffer.

Coaches: Ms. Vaupshas and Leslie Hattem.

Congratulations to Emily Seng Yue and to Julie Hurstfield-Meyer who won gold medals for doubles in the Juvenile category!



Top Row: Ipsita Madan, Natasha Siao Vee Sin, Summer-M-Joseph, Tanya Castelino, Natasha Laszchuk, Christine Chan
Bottom Row: Sharlini Ratheenthiran, Serena Trifiro, Elizabeth Lantosh.

Coaches: Ms. Vaupshas and Sarah Gales.

Top Row: Kristen Lange, Lyla Radmanovich, Thuy-Lan Nguyen, Elizabeth Labrie, Christine Saykaly, Pauline Chan.
Bottom Row: Tanya Reda, Caroline Lai, Linda Tan, Katie Dupuis.
Coaches: Ms. Vaupshas and Sarah Gales.

Tennis



The tennis team takes a time out from their practice to pose for a group picture.

X-Country Skiing



Skiers: Mi Li Say, Josee Tuvida, Michelle Saykaly, Madeleine Macdonald, Micheala De Beaulieu Cote, Aisling O'Gorman, Caitlin Reid
Missing: Alexandra Lauzon and Jill Sample
Coach: Michael O'Gorman

Congratulations to the Cross Country Ski Team for a great year, especially to Aisling O'Gorman who placed sixth in the midget category. In juvenile, Michelle Saykaly won the bronze medal, Madeleine Macdonald placed fourth and Caitlin Reid earned a sixth place finish to end off the season.

X-Country Running



Top Row: Helen Arceyut-Frixione, Natacha Tardio, Myriam Luccisano, Jennifer Hicks, Caroline Hacikyner, Anna Sarkissian, Vanessa Tardio.
Middle Row: Maria Catalano, Nathalie Fazzari, Elissa De Souza, Nora Gunjian, Danielle Dufort, Catherine Snell, Blair Adam, Chiara Forlini, Magda Miedzybrodzki, Christine Chan, Cynthia Di Giandomenico.
Bottom Row: Laura Magizi, Anne-Marie Christoffersen-Deb, Tanya Kahawita, Sacha Lee, Stephanie Lai.
Missing: Zehra'a Al-Roubaie, Maeve Brooks, Marie McDonough, Kimberly Reis, Arveen Ahluwalia, Sheena Davy, Parmal Gahuria, Carolina Martinez-Gondra, Christine Nicol, Alexandra Di Cori, Sarah Zullo.
Coach: Mrs. Cochrane.

The Cross-Country Running team had one of its best years. Catherine Snell, Blair Adam, and Danielle Dufort placed first, second, and third, respectively, in the midget category!

Swimming



Bantam: Stephanie Alexander, Claire Bider-Hall, Emily Cholette, Alexandra Crevier, Olivia Del Torto, Natasha Forgues, Christine Layden, Meaghan Rath, Erin Savage, and Alicia Troli.

Midget: Helen Arceyut-Frixione, Olivia Brassard, Lindsay Charron, Tania Conca, Stephaine Embriaco, Nadia Primiani, and Katherine Sullivan.

Juvenile: Marianne Brassard, Jennifer Cholette, and Ginger Yee.

Coach: Chloé Brassard.

Supervisors: Mlle Young and Mme Arnaud.



Meaghan Rath, Emily Cholette, Stephanie Alexander, and Olivia Del Torto take time out from their grueling meets to pose for a picture.



Marianne Brassard poses with a former student at a swimming meet.



Top Row: Anna Kamateros, Pamela Battan, Joey L, Linda Doan, and Tania Battan.

Bottom Row: Caitlin Reid, Krystyna Bruce, Vicki, Vickers, Jessica Wong, Jennifer Elvidge, Kristen La, and Catherine Sullivan.

Missing: Vera Zisis and Jessica Abbey.
Coaches: Ms. Martel and Mr Hammett.

Track & Field



Bantam: Meaghan Andrew, Christine Chan, Emily Cholette, Amanda DeRosa, Rita Fortini, Marilyn MacKenzie, Meagan Malone, Magda Miedzybrodzki, Diana Peronace, Natasha Siao Vee Sin, Erika Tucker, Tara Wong, and Sarah Zullo.

Midget: Pauline Chan, Jennifer Hicks, Caroline Lai, Myriam Luccisano, Stéphanie Laurel, Thuy-Lan Nguyen, Jane Parayno, Angela To, and Vera Zissis.

Juvenile: Eleonore Fournier-Tombs, Melissa Herico, Elizabeth Mow, Hazel Pagnado, and Anna Sarkessian.

Coach: Mrs. Cumming.

The track team had a very good season. In fact, many of them who competed in the Montreal Regionals placed in the top five positions. Sarah Zullo finished second in both the 200m and the 60m hurdles. She also placed fifth in high jump. Meaghan Andrew placed fifth in the bantam long jump. She will be competing in the provincials. Vera Zissis finished second in the midget long jump and she will be competing in the provincials. Jane Parayno placed fifth in both the midget discuss and shot put. The bantam relay team, made up of Sarah Zullo, Natasha Siao Vee Sin, Meaghan Andrew, and Marilyn MacKenzie, finished third. The juvenile one included Melissa Herico, Eleonore Fournier-Tombs, Elizabeth Low and Hazel Pagnado, and finished second.



Sarah Zullo and Emily Cholette race to the finish line in the Bantam 200m.



Top Row: Lindsay Charron, Jennifer Cholette, Tania Azar, Cynthia Cipolla, Julia Talajic, Sophia C. Jiere, Angela Gillis, and Alicia Troli.

Bottom Row: Faith Vickers, Krystyna Bruce, Emilie Laurin, Angela Ampadu, Meagan Armitage, Camerine Snell, Erin Savage, Jane Parayno, Meaghan Rath, Maryann Rusnak, Elizabeth Bussotti, and Sophia Teixeira-Crisostomo.

Missing: Blair Adam, Marilyn MacKenzie, and Serena Trifiro.
Coaches: Mr. Cumming and Mr. Charron.

This year there were two football teams. There was a jamboree team for those whom this year was their first time playing football. Being part of this team gave them a chance to get to know the sport better. There was also an actual football team that was comprised of experienced players and any Secondary III students who were on the jamboree team. The students who belonged to the actual team have their names italicized.





Special
Events

Girls For The Cure

On September 11, 1998, the Sacred Heart girls joined their sister schools in walking to raise funds for breast cancer research. On this bright and beautiful day, we sang all the way up to the lookout on Mount Royal. Sacred Heart as an individual school raised approximately \$18, 000; together, the five sister schools raised approximately \$70, 000. Thank you to all the organizers and sponsors!



We're the girls for the cure and we're having a good time with the people we meet down on the line...



Get, get, get on down; I said get, get, get on down.

Do you enjoy what you do? Because if you do then walk 'cause Sacred Heart we rock!



I say research needs me. Cancer's our cause and we agree! Rain or shine we're going to walk...



I've got Sacred Heart Credibility.

Trip to Québec City



Sydia Anber and Natasha Mairano manage a smile, even on the bus.



Magda Woszczyk, Jennifer Malo, and Cathy Religa, caught in a friendly hug.



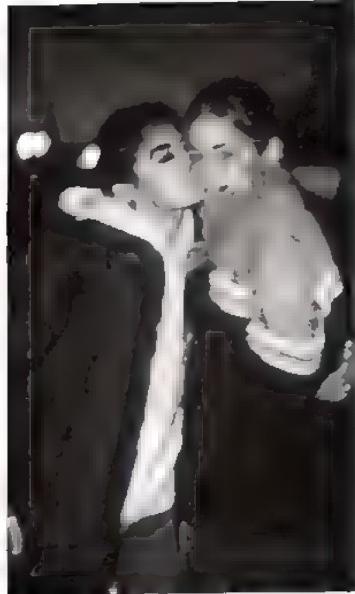
On the 21 of September, the secondary two students went to Quebec City to learn about our magnificent province, accompanied by the French department. Arriving at the capital, the students visited the Plains of Abraham and had the pleasure of a boat ride. Summer-Marie Joseph wrote that: "l'activité que j'ai le plus aimée était le film Québec-Expérience." In the afternoon the students visited the city. Alexandra Barnabe wrote: "qu'elle a bien aimé sa journée à Québec et qu'elle espère y retourner."

Chloe Boone, Kylene Murrell, Catherine Kishfy, Summer-Marie Joseph, Stéphanie Maurel, and Claudia Gerarduzzi stop for a picture after shopping along the cobblestone streets of Quebec City.



Down The

After a late departure we left Sacred Heart with awaited anticipation. Ten hours later, we arrived at the Stratford Festival Inn. Later we saw Much Ado About Nothing and the next day we watched The Miser and Man Of La Mancha. After a party in the "suite", we returned to our rooms before the "security precautions" were taken.



Stef and Mariana on their way to Tim Horton's for French Vanilla coffees.



Chloe, Amanda, Barbara, Michaela, Alexandra and Marianne taking time off of their busy schedules to capture the moment in a picture.

Stratford Lane



Krystyna and Katie always smiling big in the warm Stratford breeze near the Festival Theatre during free time.

Aisling, Allison and Mieke all smiles, grateful that they are off the bus and eating in the hotel. Cheers to Stratford!



Maeve, Carolina, Ayesha and Zehra'a are caught sneaking Mc D's after hours.



Carnival

Carnival this year was held from February 4 to 6. On Thursday, February 4, we went skiing and tubing on the mountain. The next day we had Junior and Senior days, where we had a great time playing games, doing karaoke and eating. On Saturday the always appreciated Carnival Dances were held at Loyola. Many friendships were created and renewed. We enjoyed being with students from Villa Maria, QAA and Loyola, and we all eagerly await next year's carnival.



THIS PAGE

top:
Sec. IV's enjoy
karaoke

middle:
a few Sec. V's
pose for a
picture

bottom:
two Sec. III's
contemplate their
food

**PREVIOUS
PAGE:**

top:
Sec. V's at
supper

bottom left:
Cristina and Jen
pose

bottom right:
twister



Dashabustadd

The 1999 Dashabustadd show was filled with great performances. The most surprising was a thank you skit, in which 14 staff members imitated the prefects and expressed their gratitude for the entire Teacher Appreciation Week. Thanks to all the organizers.



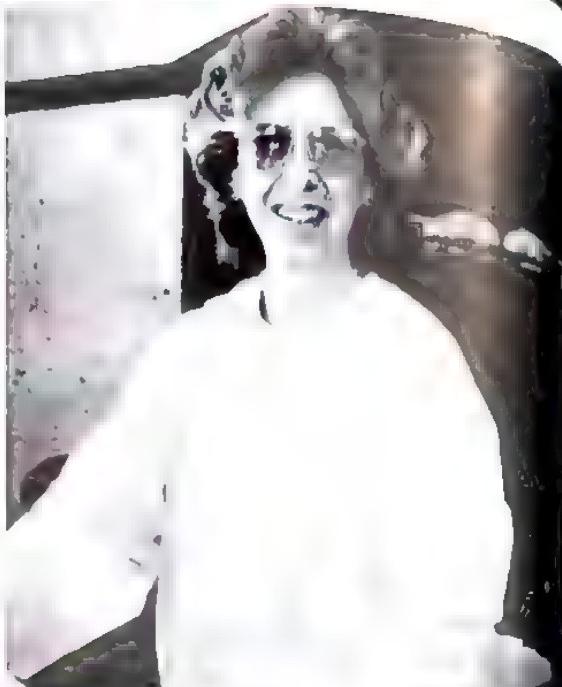
1999



The Acts

- 1-Everybody Dance Now
- 2-CHS Crew
- 3-Un Amico
- 4-Hawaiian Dance
- 5-Romeo & Juliet
- 6-Buffy Skit
- 7-Angel, Sarah McLachlan
- 8-Indian Dance
- 9-Possession, Sarah McLachlan
- 10-The Boy is Mine, Brandy & Monica
- 11-Angel of Mine, Monica
- 12-Britney Spears
- 13-Lean On Me

Ms Burns' *Bye-Bye* *Barbecue*



T O R O N T O



On the weekend of April 16 to 18, 1999, 18 girls, accompanied by Ms. Martel and a parent, went to Toronto to participate in the Independent Schools' Music Festival. After many hours of practising and shopping, we put on a concert with 300 other people in Roy Thomson Hall. We sang pieces ranging from the French-Canadian folk song *J'entends le moulin* to Verdi's *Chorus of the Hebrew Slaves*. We all greatly enjoyed our experience. Thank you Ms. Martel and Mme de Villers.



“I Never Saw Another Butterfly...”



Secondary I Retreat



Secondary 3 Retreat



Secondary 4 Retreat



Secondary 5 Retreat

Our Last Retreat Together!



On January 14, 1999 the Secondary V's departed to St Jerome to have their last retreat. It was a sleepover filled with tears, warmth and happiness. *Beaches*, one of the movies we watched, evoked a lot of emotions as it opened our eyes to the realization of the power of friendship in our lives. Ms O'Neill made us all cry during the paraliturgy as we sat in candlelight listening to her say "You Are...". Our theme this year was The Power of One, and Angie, Sophie, Gayle, and Liza demonstrated it during one of our activities. Despite being snowed in, our retreat brought all of us closer as a grade. "We are shining through the darkness of the night...We are children of the light"



You Are.....

You are an amazing dancer
When you smile, your eyes twinkle
You can put Madonna to shame
You take pride in working hard at your studies
You are very outspoken
You realized that there are great benefits in trying hard
You seem like a very gentle person
You seem to love your family very much
You are so very honest and straightforward
You are sincere
You have brought a little Brazilian sunshine to us
You are an amazing athlete
You have intense eyes
You are bright and sunny
You are an individual
You have a deep and soulful voice
You are amazingly intelligent
You are quiet
You seem like a loyal friend
You, I never had the privilege to get to know
You write poetry that touches my heart
You always say exactly what is on your mind, despite what others may think
You are what I wish I had had the courage to be when I was a teenager
You are still the same good natured girl that you were in the fifth grade
You are so very easy to tease
You are a devoted friend
You are very beautiful, inside and out
You have an incredibly generous heart
You are often quiet, but can say so much with few words
You are a mystery to me
You can always manage to steal the show, just by the expression on your face
You are an animal lover
You share your sweet voice with others
You are a beautiful, graceful dancer
Your strength during difficult times has inspired me
You are quiet and gentle
You once made it very clear to me just how much you love the beach!
You are a lovable scatterbrain
You and I share a bond, and you know that I'll always be there for you
You have a sweet, and friendly face

You should take your routine on the road, because you could be a millionaire by making people laugh
Your face is an open book!
You are definitely an over-achiever
You are new to us, but it seems that you have been here always
You have an adorable laugh
You are a procrastinator
You are a new, but cherished friend
You have been a great challenge to me
You have tremendous insight
You have very unique handwriting
You are my favorite flamenco dancer
You are doing so much better since you started trying
You always say the sweetest things
You love horses
You make me glad to be an English teacher, because I can read your beautiful words
You and I survived boarding school together
You are an optimist
You are the head of the best house (had to, sorry!)
You believed me when I said that something good can come from the hardest times

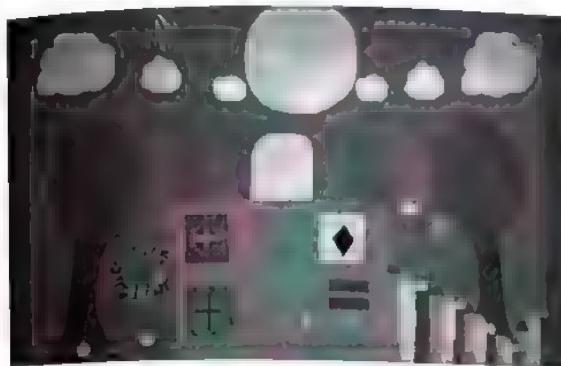
There is a piece of each of you that will always remain with me ..

Goodbye and good luck
Sandy O'Neill

Sec. V Entertainment



and Vernissage



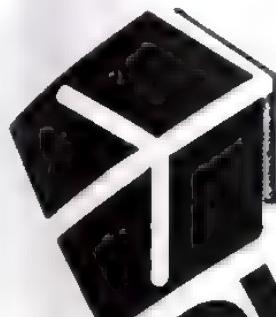
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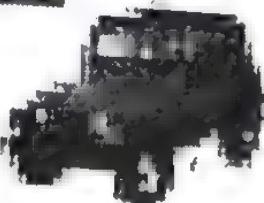
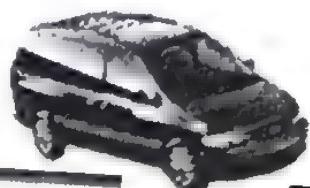
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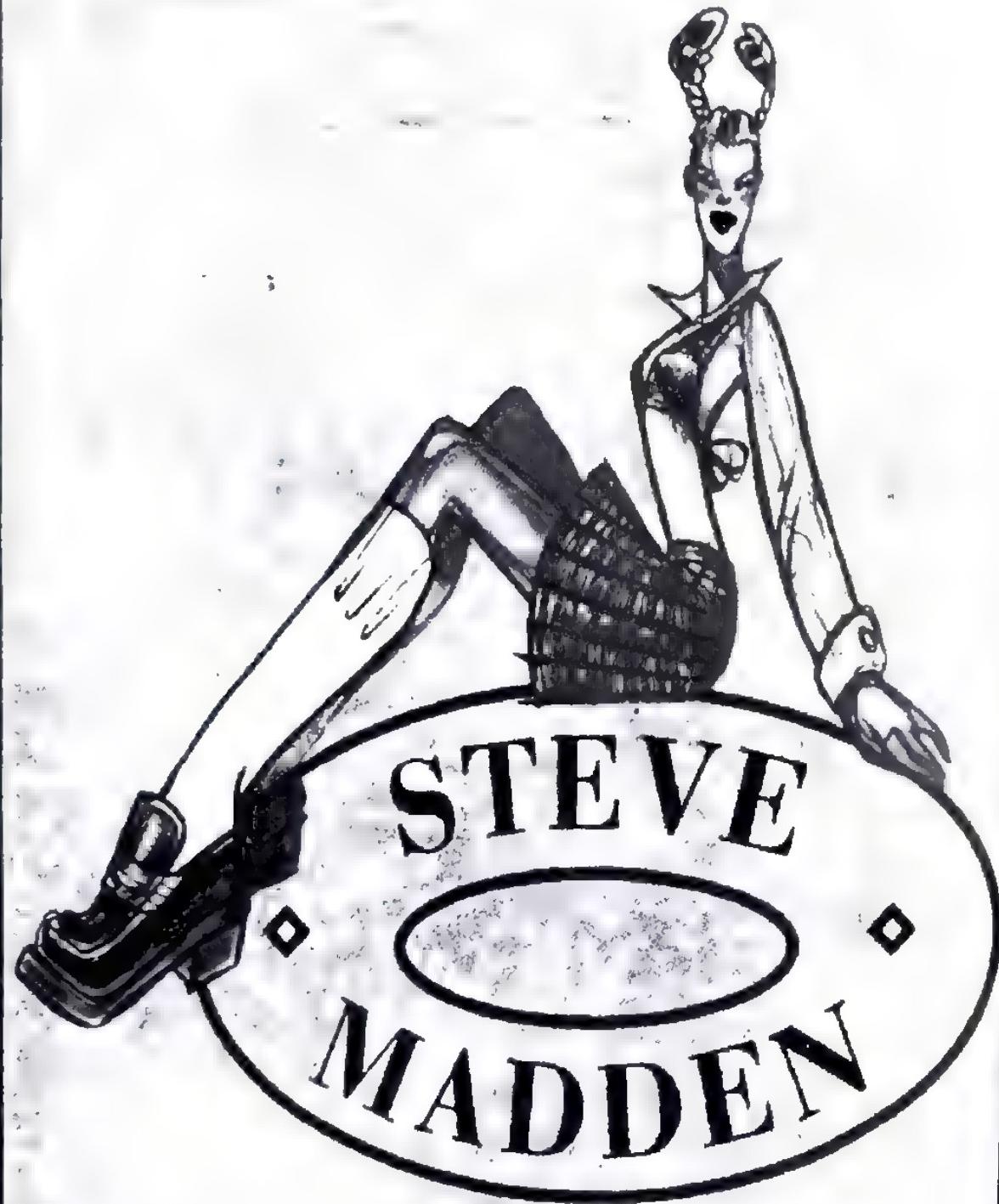
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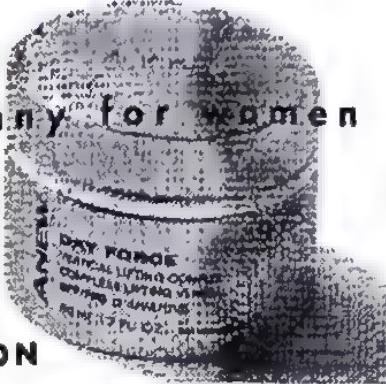
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Yearbook Staff... and other things

Editor's message

well... it certainly was a stressful year. in fact, we were so busy taking pictures of the rest of you that we never got the chance to take pictures of ourselves. but i do have a few people to thank. first and foremost, my undying gratitude goes to sharma, who probably should have been editor instead of me, and without whom i would never have been able to do even a fraction of what we accomplished this year (though zehra'a was right, you are in dire need of Yearbooks Anonymous). i also want to thank christina, sabrina and of course ms. glickman, who gave me support, good ideas and lots of help. to all my staff, thank you for putting up with my moods and constant nagging, and for putting together a great yearbook. kudos especially to pauline and georgia, my only staff members to ever respect a deadline! finally, thanks to mr. kousik and all my friends for listening to my continuous ranting about all my problems. i wish julia, christina and the staff of the 1999-2000 yearbook luck and a lot of patience. marie



These are the winning pictures of the Trincano Day "Got Milk?" picture contest.

THE REVIEW



Spice Moms



Britney Spears

Angéline treated for cancer



Gretzky retires

Habs sink S

Nunavut starts with a holiday

New Inuit homeland officially born

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Episode 1

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UConn beats Duke

Habs trade Recchi to Flyers for Zubrus

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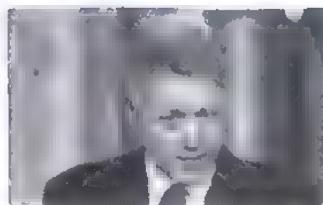
dians big at Grammys iators stopped PQ wins



POST ELWAY
Denver Broncos John Elway calls it a career.

Georges engulfs Florida Keys

Y2K



Clinton, Lewinsky

Colorado massacre

Tragedy at Alberta school



McGwire outdoes himself

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ENEMY OF THE STATE

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Pokémon

Benigni jumps for joy

The (Sec. V) Random Page

